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Spontaneous travel moments on the Mystical Traveler Tour around San Francisco

JOHN-ROGER MARATHON* SAN FRANCISCO & ONLINE THURSDAY, DEC 12 9AM - 2PM

In Person Free. Online Free. The Castro Theatre, San Francisco

FACETS OF LOVING WORKSHOP & BOOKSIGNING*

SAN FRANCISCO & ONLINE

THURSDAY, DEC 12 2:30PM - 5:30PM

In Person \$25. Online \$15. The Castro Theatre, San Francisco

MYSTICAL TRAVELER SAN FRANCISCO PREMIERE*

THURSDAY, DEC 12 7:30PM In Person Only. Free. The Castro Theatre, San Francisco

OPEN MSIA SEMINAR WITH JOHN MORTON

San Francisco & Online

SATURDAY, DEC 14 4:30PM - 6:30PM

In Person \$15. Online Free. San Francisco Marriott Fisherman's Wharf

Q&A FOR MINISTERS & INITIATES WITH JOHN MORTON

IN SAN FRANCISCO

SUNDAY, DEC 15 11AM - 1PM

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ACCOMMODATIONS FOR SAN FRANCISCO MYSTICAL TRAVELER TOUR SAN FRANCISCO MARRIOTT FISHERMAN'S WHARF

LIVING IN GRACE ASILOMAR & ONLINE **DECEMBER 16 - 22**

For details for all events: http://po.st/mtsfsummary

*John-Roger will attend health and schedule permitting

The purpose of MSIA is to teach Soul Transcendence, which is becoming aware of yourself as a Soul and as one with God, not as a theory but as a living reality.

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U. S. Postal Service Statement of Ownership, Management and Circulation, required by 39 U.S.C. 3685. 1. Title of publication: The New Day Herald, 2. Publication No. 986-360. 3. Filing Date, September 24, 2013, 4. Issue Frequency: Bi-Monthly. 5. No. of issues published annually: 6. 6. Annual subscription price: \$25 in U.S. 7. Complete mailing address of known office of publication: 3500 West Adams Blvd., Los Angeles, CA 90018-1899, Los Angeles County. 8. Complete mailing address of the headquarters of general business offices of the publisher: Same as above. 9. Full names and complete mailing address of publisher, editor, and managing editor: Publisher: The Church of the Movement of Spiritual Inner Awareness, 3500 West Adams Blvd., Los Angeles, CA 90018-1899, Los Angeles County. Editor: John-Roger, same as above. Managing Editor: David Sand, same as above. 10. Owner: The Church of The Movement of Spiritual Inner Awareness, Inc., 3500 West Adams Blvd., Los Angeles, CA 90018-1899, Los Angeles County. 11. No Stockholders, membership, non-profit corporation. 12. For completion by nonprofit organization authorized to mail at special rates: (1) the purpose, function, and nonprofit status of this organization and the exempt status for federal income tax purposes has not changed during preceding 12 months. 13. Publication Title: The New Day Herald. for Circulation Data Below: September/October, 2012. 15. Extent and nature of circulation: Average no. copies each issue during preceding 12 months, 3300. No. copies of single issue published nearest to filing date: 3300. B. Paid Circulation (By Mail and Outside Mail) B1. Paid/ Requested Outside-County Mail Subscriptions Stated on Form 3541 (include advertiser's proof and exchange copies): Average: 1617 Actual: 1621. B2. Mailed In-County Paid Subscriptions Stated on Form PS 3541 (include paid distribution above nominal rate, advertister's proof copies and exchange copies): Average:579, Actual: 565. B3. Paid distribution Outside the Mails Including Sales through Dealers and Carriers, Street Vendors, Counter Sales, and Other Paid Distribution Outside USPS: Average: o, Actual: o. B4. Paid Distribution by Other Classes of Mail Through the USPS (eg. First-Class Mail): Average: o, Actual: o C. Total Paid Distribution (Sum of 15b, (1), (2), (3), and (4)): Average: 2196 Actual: 2186 (D1) Free Nominal Rate Outside-County Copied included on PS Form 3541 Average: o, Actual: o. (D2) Free or Normal Rate In-County Copies included on PS Form 3541: Average: o, Actual: o. (D3) Free or Nominal Rate Copies Mailed at other Classes Throung the USPS (eg. First Class Mail): Average: 100, Actual: 100. (D4) Free of Nominal Rate Distribution Outside the Mail (Carriers or other means): Average: 800, Actual: 80o. (E) Total Free or Nominal Rate Distribution (Sum of 15d, (1), (2), (3), and (4): Av: 90o, Actual: 90o. (F) Total Distribution (Sum of 15c and 15e), Average: 3096, Actual, 3086. (G) Copies Not Distributed: Average: 204, Actual: 214. (H) (Sum of 15F and G): Average: 3300, Actual: 3300. (I) Percent Paid: Average: 71%, Actual: 71%. 16. I Certify that the statements made by me above are correct and complete: Mark Lurie, Treasurer 9/24/13.

WELCOME TO THE NEW DAY HERALD

THE NEW DAY HERALD

"All that you want to be,
you already are.
All you have to do
is move your
awareness there
and recognize
the reality
of your own Soul."
—John-Roger

Out of God come all things

God loves all of Its creation

Not one Soul will be lost

is published bi-monthly by the Movement of Spiritual Inner Awareness (MSIA). In it, you will find articles and information from John-Roger, John Morton, and others to inspire and support you on your path of Soul Transcendence and practical spirituality. A section of Resources includes information about events, classes, and workshops around the world; books, tapes, and other materials to further your experience of these teachings; and valuable information about the MSIA ministry, writing to John-Roger or John Morton, and more.

Designed to connect you with the network of MSIA-related organizations and the MSIA community around the world, the NDH is a tool to enhance your experience and relationship with Spirit.

Please let us know if there is something you would like to see in the *New Day Herald* to further support you on your journey. We love hearing from you. You can contact us at:

The New Day Herald
P.O. Box 513935, Los Angeles, CA 90051
david@msia.org

If you are new to MSIA:

Soul Transcendence

The purpose of the Movement of Spiritual Inner Awareness (MSIA) is to teach Soul Transcendence, which is becoming aware of yourself as a Soul and as one with God, not as a theory but as a living reality. Your Soul is who you truly are; it is more than your body, your thoughts, or your feelings. It is the highest aspect of yourself, where you and God are one.

MSIA provides a variety of tools and techniques that allow you to experience your Soul and enhance your awareness of God.

Equally important, MSIA presents an approach that focuses on incorporating spirituality into your everyday life. We call this "practical spirituality." It allows you to attune more deeply to your Soul and to increasingly live from that awareness.

In MSIA, we respect any approach that encourages people on their path home to God. We don't claim to have the only way, but we do have a way that is assisting thousands of people to do this while experiencing greater health, happiness, abundance, and joy.

The foundation of MSIA is loving, and it is in that spirit that we invite you to participate with us in whatever way works for you.

If you would like more information about MSIA, or to further explore its teachings, please visit our website at www.msia.org or contact us at: 800/899-2665 or servicedesk@msia.org



John-Roger, Founder of MSIA

JOHN-ROGER has been teaching and lecturing worldwide on the principles and power of practical spirituality and Soul Transcendence since 1963. For over four decades, his wisdom, humor, common sense, and love have helped people to discover the Spirit within themselves and find health, peace, and

He has given over 5,000 seminars and written more than 45 books, co-authoring the New York Times #1 best-seller *DO IT! Let's Get Off Our Buts*.

John-Roger's life is a demonstration of how to be successful in the physical world while living a life dedicated to Spirit.



John Morton, MSIA Spiritual Director

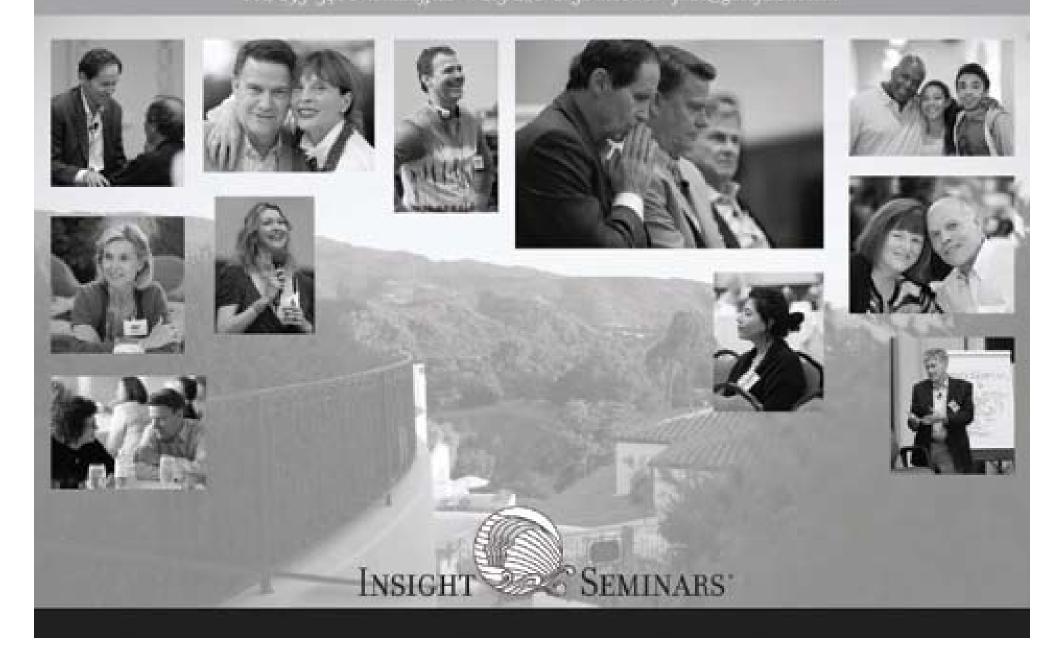
JOHN MORTON'S life is dedicated to peace, and to assisting people in discovering the Divinity within themselves and in everything. In 1988, John Morton became Spiritual Director of MSIA. John began his studies in 1975. His book, *The Blessings Already Are*, was released to widespread acclaim.

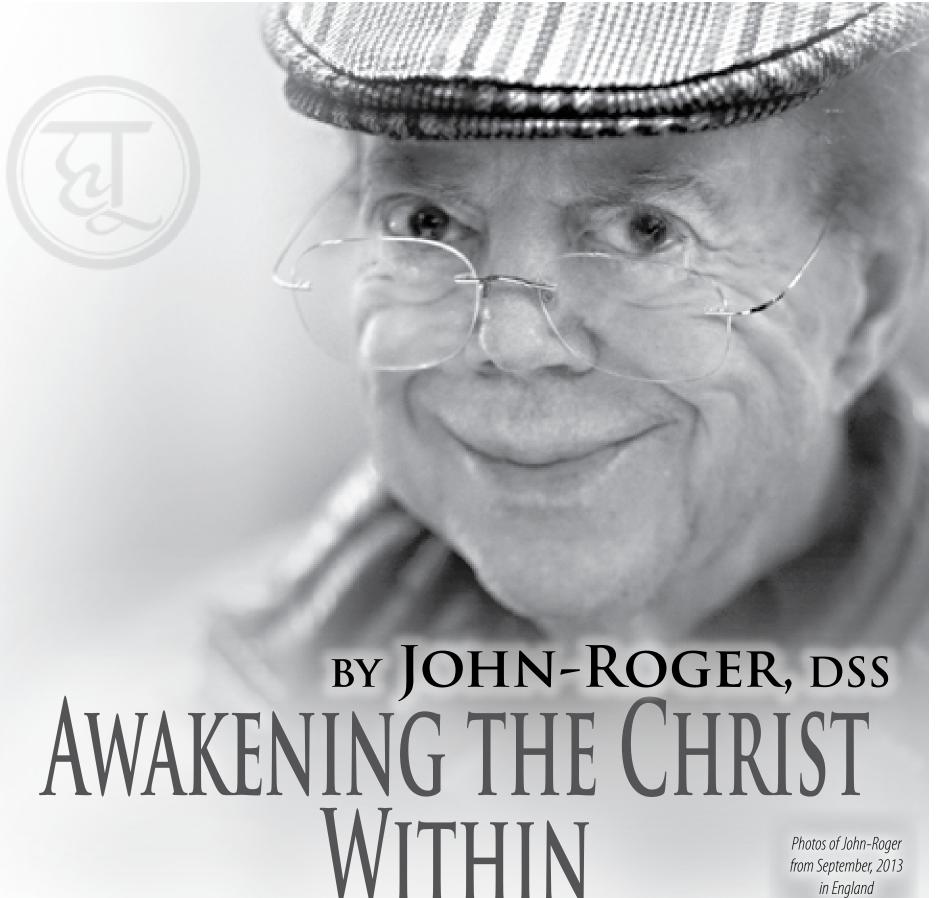
John is known for his ability to lift and inspire people with his gentleness and practical approach. In the work that he does, John focuses on the good in all and sharing that goodness with others.



11th SUPERIOR SUPERIO

Memorial Day weekend, May 22-26, 2014—Ojai Valley Inn & Spa
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602/293-3400 home office · 212/220-2656 mobile · judi@goldfader.com





At this time of Christmas there is, perhaps, a greater surge of energy as more people attune themselves consciously to the love that Jesus exemplified. And it's easy to see those who are riding the upward flow of the Light they're the ones who are so joyful and so filled with the love and brotherhood the Christmas season symbolizes.

(Originally printed in *The Movement* newspaper in December, 1978.)

Christ, and it's nice, at this time of year, to take mean to us.

Jesus' life is very significant to all of us, although his message was extremely simple. Before the birth of Jesus, the earth was on a pattern of descending energy. The energy of creation was still going out, away from the supreme source. Through his life, and through his physical death, Jesus turned that energy and moved to the ascend-God-head, toward life and Light. He brought to all mankind the experience of the Beloved and the key to eternal life.

The power of the Christ is the ascending energy. Those who know Christ consciousness are on the upward flow of energy; they are awakening to the Christ, to the power of the Light and Sound,

Each year we celebrate the birth of Jesus the to the greater God of all life. Their experience of the Christ is direct and secure. There is no the time to reflect what Jesus' birth and life really need for intermediaries-no priests, no mediums, no masters are necessary. No one who is dealing with Christ consciousness is expressing on a downward energy. That cannot be; it's a contradiction in terms.

At this time of Christmas there is, perhaps, a greater surge of energy as more people attune themselves consciously to the love that Jesus exemplified. And it's easy to see those who are riding ing energy-the power flowing back towards the the upward flow of the Light they're the ones who are so joyful and so filled with the love and brotherhood the Christmas season symbolizes. The people for whom the Christmas season is "blah" or depressing may be living on a downward energy pattern. It really is time to awaken more to the love within-not only at Christmas, but every

The magic of Christmas rests with the attitude. When you catch the vision of Christ consciousness, then your attitude becomes one of joy and love and peace and upliftment. You feel those qualities come alive within you, and then as you express them more in every action, relationship, and situation in which you find yourself, you awaken even more to the Christ within.

To speak of the Christ is to speak of the Beloved. If we speak of a love or a lover, we separate ourselves from that other form. And that separation is illusion, for ultimately you are one with all things. You are one with God. That is the message of the Christ today, just as it was two thousand years ago. Jesus said, "He that seeth me seeth him that sent me." (John 12:45) And he also said, "The Father and I are one." (John 10:30) Therefore, there can only be one form present. That form is God, who dwells within you, waiting to be awakened and freed from the bonds of the earth.

The Christ consciousness is an ongoing Spirit. It is always present. When Jesus was about to be taken to his crucifixion, he spoke to the disciples and told them that, although they were not to go with him at that moment, he would leave with them a comforter, a witness, that was called the Holy Spirit, which would reveal to them all things and give to them the memory of what he had taught. The Holy Spirit is wholly Spirit, entirely Spirit. It is a complete energy form, not corrupted by any lower level of consciousness. It is pure. It is of the positive realms of pure Spirit; it is of God. We cannot know the Holy Spirit on any level of our earthly senses. We cannot perceive it physically, emotionally, mentally, subconsciously, or unconsciously. It comes only to that pure part of us which is the Soul, that which can hold the office of the Christ.

When that Spirit that is holy touches to your Soul, that Christ consciousness within you begins to awaken. Then it is the Christ within you that awakens, also, to the Christ within others. Two thousand years ago, those who knew Jesus the see the Christ within you. you will excuse all the



Christ knew him because their own Christ consciousness was awakened. And those - who recognize the presence of the Christ today do so because the Christ within them is awakened

The consciousness of the Christ is within everyone, but it is not manifested equally. Some are more awakened to its reality than others. In few is that pure consciousness fully awake. In many it is partially awake, and in many more, still asleep.

Was the Christ consciousness present prior to the time of Jesus? Of course, it must have been. It is that spark of God, that energy that keeps us all alive, that keeps us all going even when we want to die and think we're going to and are afraid we really are. It's life. It's God. There were a lot of people walking around, knowing that spark of God inside, before Jesus came and manifested it in the great glory that he expressed. But that he fulfilled that promise more completely than anyone had before cannot be denied. And in bringing the power of the Holy Spirit into the earth's force field and in tuning to the ascending energy of Spirit, he certainly used the power of the Christ in a way greater than it had been used before.

Jesus also stopped the Messianic delusion that was prevalent at that time. The Jews had expected a Messiah to appear for centuries, and there was much uproar about who it was and how he would manifest, etc. Jesus appeared on the scene and, in effect, said, "You don't have to look any longer." The Messiah consciousness ended with his form. And the Christ awakening began in all forms. How do you awaken to the Christ? Easy ... love your neighbor as yourself... or better than yourself, if you're one that rips yourself emotionally or confuses yourself mentally or creates illness in your physical body. It's when you let go of all those levels that you begin to discover the inner Christ. When you have exhausted those levels of the body, emotions, mind, subconscious, and unconscious, you begin to find that you are dwelling in the consciousness of the Christ. When you

> other levels and forgive yourself all things. The vision of the Beloved will allow you to transfer your energy into the positive, into the upward flow of Spirit, and you will resurrect into the Christ consciousness.

> You don't have to die to discover the Christ. You can move into that which is your own spiritual inner awareness and move upward through the levels of your own consciousness until you find that which is the Christ within you. When you do, you will protect it as a pearl of great price. You may find many things changing in your life, as you awaken inwardly. You may find that you associate with people who are also on an upward path. You may sacrifice some old friendships, if those people are expressing a downward path of energy. That's being smart. You may find that you stop doing those things that make you sick physically. You may change your diet, stop smoking, get a job that makes you happy and fulfilled, find relationships that support you and people with whom you can share love. These things

Before the birth of Jesus, the earth was on a pattern of descending energy. The energy of creation was still going out, away from the supreme source. Through his life, and through his physical death, Jesus turned that energy and moved to the ascending energy-the power flowing back towards the God-head, toward life and Light. He brought to all mankind the experience of the Beloved and the key to eternal life.



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(Continued)

ne way you can tell if you are functioning in the consciousness of the Christ is to see if you complete things in this world. If you do, you're ascending. If you don't, you're descending. If you have too many jobs, too many things to do, cut out some of them. Be wise. Don't take on more than you can handle. Take on just the things you can complete.



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BY JOHN-ROGER, DSS AWAKENING THE CHRIST WITHIN

(Continuing)

are healthy. If you don't want to change, ger. It's all your choice.

If you know what to do, why not do that" If you know what makes you ill or upset or in turmoil, why not turn from that? You are a creator, and you are responsible for your actions. So why not create those things that will bring you health, wealth, and happiness? Why not shift your focus to your own beingness, to that which brings you joy and fulfillment? As you awaken to the Christ, you will do those things that are right for you.

One way you can tell if you are functioning in the consciousness of the Christ is to see if you complete things in this world. If you do, you're ascending. If you don't, you're descending. If you have too many jobs, too many things to do, cut out some of them. Be wise. Don't take on more than you can handle. Take on just the things you can complete. Those things that are not completed are thrown right back at you, and you must take the responsibility for them. Christ is the perfect completor. If you strive toward perfection, the work you have started will be finished by the Christ. Your responsibility is to get on with the state of being perfect. Work toward it. Focus toward it. And when you leave the earth, the work will be completed. And you will perfectly arise into the heart of God. Jesus, our eider brother, promised this. And we can complete it and fulfill his promise.

Christmas is a good time of year to take stock of your life. And it's a good time of year to complete old actions that have been left "hanging." It's a good time to share your love with those you care for; it's a good time of year to pay off your debts, to clear the air, to attune yourself more closely than ever to the Christ within you ... and to the Christ in others. The Christ awakens according to your focus, your direction, and your attitude.

You can lift yourself out of darkness by stopping your complaining, your tears, your bemoaning and feeling sorry for yourself. Why not say instead, "I get along really well. God is with me. All my needs are approach; and you will create that for your- presence of the Beloved. self, because you are a creator.

Often, as you begin to awaken to the Christ, as you begin to transfer your energy to the upward path, you will feel pain and irritation and confusion, and you won't be

able to identify where that's coming from. that's okay, too. You can sleep a little lon- You'll try to "pin it" on all the worldly causes that have been the causes in the past. You'll think it's the food, but you're not eating any differently than usual. You'll look at the emotions, but realize that everything has been fine. You'll look at the mind, but things seem okay there. But there is still this great disturbance inside. You search and search for something outside of you that is the cause. It's not out there. It's inside. It's your disagreement with yourself. It's your inability to manifest completely and fully that thing that is bursting inside of you. It is your inability to make the outer life match the fullness and the beauty of the inner life that is beginning to take place. When you experience this turning of energy within, you'll know what 'm talking about.

> The indwelling Christ sings a beautiful song. That is the Sound of God, the audible Light stream, the current of energy that is flowing upward to God. It's the invisible route to God, and the only way to God is by that invisible route. The outward trappings of any religion or spiritual group are not for the Christ within, but for the body, mind and emotions-to hold them still and keep them distracted long enough for the Christ to awaken to itself.

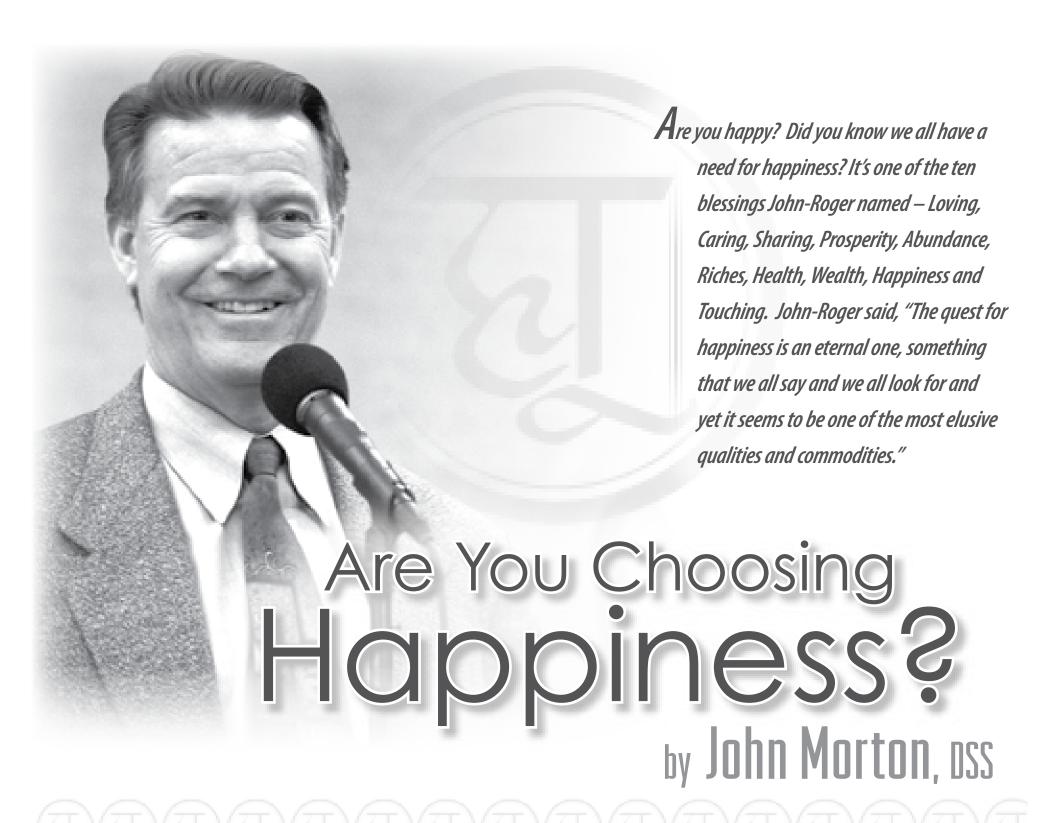
> To awaken the Christ, go within your own inner consciousness where your emotions, mind and body will leave you alone for a little while. Find the peace and comfort that is within your own inner kingdom. Your inner journey will be protected by the Spirit that dwells within. You can reach into your inner kingdom through meditation, contemplation, prayer, spiritual exercises, by reading enlightening books, being with enlightened people, continually moving forward and awakening the love within you. But even in your wildest dreams, you' ll fall short of the glory that is within you.

> Awaken into God's heart. Become the Christ in your imagination first, then in your love for all men, then in your mind, and finally in your Soul, which is pure. And then you ride up into God's heart, forsaking all things to come into the kingdom.

And you will know the significance of being supplied. I'm loved, and I'm taken Jesus' life and teachings, the meaning of care of"? What if that's wrong? It's a nice Christmas, the love of the Father, and the







Because the Light is the consciousness of the Divine and it has all the ability, it has all of whatever we need. The Light can clear, so ask for a clearing and a balancing. If you're in any way suppressing your happiness, then allow your happiness to be fully alive and

energized into every cell.

ARE YOU HAPPY? Did you know we all have a need for happiness? It's one of the ten blessings John-Roger named – Loving, Caring, Sharing, Prosperity, Abundance, Riches, Health, Wealth, Happiness and Touching. John-Roger said, "The quest for happiness is an eternal one, something that we all say and we all look for and yet it seems to be one of the most elusive qualities and commodities."

Have you ever noticed that when you'd like to be happy, it seems to be a rare commodity? And if it's available, it seems to be with other people or situations that you don't seem to have access to? That's okay. The nature of the soul, of who we truly are, is happiness and joy. So consider this truth --- Happiness is your true nature.

In the Movement of Spiritual Inner Awareness, we invite you to consider that first and foremost you are a soul. Once you log-on to that truth, then there are infinite opportunities to have greater experiences of your nature as a soul. And to know your soul is an experience of happiness and joy.

Consider the soul is in some way tempted by things that are material and of the world, things that are temporary and illusive. We might have an





experience of happiness for a while. Then something happens in the world that we've identified with our happiness, and then it seems as if the experience of happiness is no longer available. We no longer feel happy because our happiness was tied to that event or that person or that situation. And then we find ourselves searching out in the world for our happiness.

Looking for happiness out in the world is where we get misdirected. We can forget that inside is the happiness because it lies in the nature of our soul. When we attempt to find happiness in outer things and what's going on in the world, then we can have some kind of disconnect with who we truly are.

John-Roger said, "Joy is inherent through the soul. When we have joy when it is coming up inside of us, it does not matter what you do out there or what you say. What you become does not disturb the center of calm and happiness because it is what is. Therein lies your fulfillment for being on this level."

By opening up to your happiness within, you have a greater opportunity to bless the world with your happiness. When we are happy, we are spontaneous and open to participate. We allow our creativity, that happy energy, to move out into the ness. So find the humor. world and touch others.

Keys to Happiness

How do you experience HAPPINESS? How do you find ways to happiness? Happiness is here and now. So see if you can find some way to relate to the happiness that's here is your willingness to move away from any unhapand now in this moment. Consider that happiness

So if you happen to see a some kind. person (and by the way, you are one), see happiness right there with that person. Right there within you is happiness and joy. So what are the keys to your experience of the happiness and joy inside of you and in other people?

During an MSIA webcast that I facilitated, "1000 Ways to Happiness," we gathered from the participants some keys to experiencing happiness. Here are a few: Noticing flowers blooming, seeing babies' faces, smiling, laughing, sleeping, looking in a person's eyes, watching trees and bushes sway, noticing colors on people's clothes, enjoying cars and homes, listening to music, and doing good deeds for others. Doing good deeds doesn't just have to be for people. It can be putting a shine on a sidewalk or floor or

watching a sunset over a beautiful ocean and appreciating the beauty in nature.

A hug can bring forward happiness. Would you be willing to give someone a hug to experience the joy and happiness in the hug? How about offering a calm, soothing glance into some- are you seeing?

HERE ARE SOME OTHER KEYS FOR CHOOSING INTO HAPPINESS:

FIND THE HUMOR. One of the things that I heard John-Roger say a long time ago is, "If it's going to be funny later, it's funny now." Have you ever noticed that when you have strife and adversity, it becomes eventually one of the best sources of laughter? When you finally get around to being able to tell the story without being so aware of the pain or the suffering, disappointment or whatever it was that kept you out of your happiness, you see the humor. Professional comedians stand up in front of groups of people and get paid to do that, to share stories that were once painful and upsetting in ways that bring the humor and joy present. That's a key to sharing their happi-

THINK HAPPY THOUGHTS. Have you ever been in a train station where there are lots of tracks with lots of trains going different places? Trains change tracks. They change direction. And you can change your thoughts and where you choose to direct your thoughts.

There's energy in a happy thought. Part of it py thoughts and choose the happy ones. Change

and joy is in each person. how you think so you find a happy thought of

If you don't know what a happy thought is, you might want to find one. Then maybe write it down and put it in your wallet so you carry it around with you as a reminder. If you forget, you can pull out your wallet and go to the "Happy Thought" section.

DO HAPPY THINGS. John-Roger has said, "If you want to be happy, do happy things." That may sound simple, or maybe you think you don't know how to do happy things. You could have the "Happy" section in your wallet include a reminder of something you could do that would be happy. Maybe your reminder says to break out into a song or start skipping. See where your willingness is. Are you willing to do skip up to the check-out stand or break into song while waiting to pay for your groceries?

What would you be willing to do for your happiness? Rather than saying, "I'm not willing to do that. That's too ridiculous and embarrassing. People won't understand," choose to do something happy just for the joy of it. Others may not agree with your happiness. They may think that you are responding inappropriately. If your happiness is misunderstood or judged by others, you can turn it to peace, understanding, and compassion. You can choose to be happy regardless.

CHOOSE THE LIGHT. The consciousness of Light is the consciousness of who God is. So another way to do choose happiness is to think of God. Be conscious of God right now and who and what God is. What are you thinking? What

Maybe you envision a loved one being vibrant and healthy. Perhaps you imagine someone you miss being right there with you. Maybe you realize you're alone and yet you're embraced, appreciated, and loved fully and completely. In fact, you remember you're adored by God. So choose the Light that is from the highest source. Choose God which is eternal, unconditional love. (Continued)







LOOK FOR THE GOOD. John-Roger referred to the secret of soul transcendence as, "Look for the good in all people and things and leave the rest to God." Soul transcendence is the business of purpose. What does that mean?

We're allowing our souls to come into our conscious awareness. We do that here and now. As we do that, experiences can lift us and help make things better. If nothing else, our thoughts start changing their attunement so they're happier, freer, more joyful and more peaceful.

Have the willingness to look for the good. It isn't necessarily about finding the good or seeing the good. Soul transcendence is about looking for the good. Choose to look for the good rather than declare there is no good just because you haven't seen it yet. If you're not seeing the good right now, then keep looking. Looking for the good in all people and things is the secret to soul transcendence and a key to happiness.

FOCUS ON GRATITUDE. It's a great attitude, so find your gratitude. Find what you appreciate. Find the value in the situation. This is an amazing way to move things away from feeling the moment. stuck or from a problem focus. If you're viewing a situation as a problem, something you don't know how to solve or you don't know how to handle, look for your gratitude. Find what you appreciate in the situation.

learning in a situation. Realize you're being educated. You're being increased in your wisdom and titude may be how you inhibit your happiness. your ability to endure and withstand similar kinds of situations. There's always value in discovering the teaching and what is your learning in the process. So choose into your gratitude.

Choose a Positive

INTERPRETATION. This process may involve

retraining your mind. It might require your patience and dedication so you alter how you process what goes on. Maybe you eliminate the first twenty things that appear in your mind because you realize they're all negative thoughts. You just kind of wait for them to roll through and then realize, "Hey, there's a positive way to look at that!"

Find a positive, uplifting way to interpret whatever is going on. This is a mental process to be aware of so you're interpreting what you see or hear. Rather than interpret negatively, trust that there is something good going on in each situation and look for that positive interpretation.

WIN IN YOUR FANTASIES. This is another great teaching that has come from John-Roger. One of our greatest tools is our imagination. When we are aware, we also realize that the Movement of Spiritual Inner Awareness. It's our we have a consciousness that is creative and makes things up or down as the case may be. The imagiit. As long as we're going to fantasize and make things up and then be influenced by the pictures we hold, then it makes perfect sense to win and create positively so those same kinds of results follow how we focus our creativity.

> Ask my dentist. She can tell you that most often I direct her to drill and use sharp instruments without any numbing agents applied. I use this opportunity to imagine that what she is doing feels good. I fantasize that she's giving my teeth and gums a very intense massage. Call it self- hypnosis or mind over matter. I don't care what you call it. Fantasies can work to create your happiness.

Find Greater Happiness. Consider an area or situation in your life where you would like to experience greater happiness. Be open to not having an immediate answer, or maybe you have several. Just start with one, and make it rather simple for

Next, consider how you inhibit your expression of happiness in that situation. Even if you think, "I don't inhibit my experience or my expression of happiness," give yourself an opportunity to consider that sometimes you do and take some responsibility. You'll always be correct if you look at what you're Maybe you say, "I don't inhibit. I am not in any way blocking or restricting my happiness." Well, that at-

> Choose one of the ways for finding happiness that I've noted so far. Then close your eyes and imagine yourself using this way to happiness. See it or imagine it as clearly and as detailed as you can

Look inside at what would be happy thoughts in a situation where you want to have greater happiness. How would you do happy thinking towards that situation? Would you be open to an experience of happiness more than you've ever experienced before? That willingness, that gumption, that enthusiasm is often experienced within like a fountain or a spring. It's an endless supply. So use it to bring forward greater happiness.

Let yourself be a little freer right now, a little more childlike, a little more open. Know that safe place inside where you are free to be happy and to express that happiness as openly as you would like.

INCREASE YOUR LIGHT. Turning up the voltage of the Light, the energy of it, has to do with to your openness and willingness. Would you

be willing to be lit up as much as you've ever been lit up? And to express freely what that is? You can express the happy thoughts that go with the Light and do happy things in a way that is illuminated,

We ask the Light to do what it does. Because the nation is free to go wherever we want to direct Light is the consciousness of the Divine and it has all the ability, it has all of whatever we need. The Light can clear, so ask for a clearing and a balancing. If you're in any way suppressing your happiness, then allow your happiness to be fully alive and energized into every cell. The Light can go to any cells wanting that happy vibration and deliver it to them.

> Share some happy thoughts with any place inside of you that you have not been happy towards. That could be physically, emotionally, or mentally. That could be towards any memory you have or an event in your life in the past that you've not been happy towards. You can open to the Light and let the Light come in like a wind of fresh air. Let that Light come in and take away what you don't need. Don't hang on to misery or pain or any form of unhappiness. Invite the Light into whatever that negativity is inside of you. Allow this Light to become a flood or a rush, so the Light is becoming bright within you.

> LET THE LIGHT BECOME YOU AND BREATHE YOU. Breathe in the Light and breathe it out. Breathe it in and breathe it out. Let it be in your eyes, ears and all your senses so you're lit up in the Light that is of the divine nature and the Holy Spirit and the Christ. The anointing can come in right on top of your head and flood you as an energy. It can dance through the room where you are. It can wake people up who have been sleeping. For things that have been slowing you down and not allowing you to see and hear clearly, the Light can help liberate you to be yourself more clearly and fully. Let go and let this Light of God infuse you

> Right now, it's all a Light action going on through your willingness and openness. The Lord that is our God wants happiness for us. So let your trust inside realize that you have a God of eternal love who wants you to be happy.

and surround you completely.

BLESS YOURSELF. With whatever is confronting you, first of all bless yourself. You have the ability in you to call upon what is needed to bless yourself with happiness. The experience of your happiness, contentment, satisfaction, and peace is always within. So you never have to give your happiness over to outer circumstances. It is for you to realize that your glory, your love, your peace is always present with you and to not assign it to anyone else or anything else regardless of what takes place.

Remember to be compassionate and merciful towards yourself. So when you find yourself doing things that you consider dumb, stupid or idiotic, rather than take that choice, make a positive interpretation. Talk to yourself in a way that demonstrates internally that you have compassion for yourself. You can always say to yourself, "Oh, I see I'm still learning here. There's still something I'm working on like my patience, my willingness to do something one more time and do it more correctly if I can." Then bless yourself and your learning.

KNOW THE BLESSINGS OF HAPPINESS: You can know the blessings of happiness through your trust and faith in God. Trust yourself in relation to God that everything that ever takes place in your life and in all of creation is never against anyone. Be aware that God sustains good, all the time, every time.

When we are consciously in accordance with that knowing, we have trust in God. We have trust that what is being done, what has been done, and what will be done is good. There is no point in fighting with it. There is no point in judging it. There is no point in being unhappy with what is. When we have doubts or fears or when we judge ourselves, we can always let go and choose into the blessings of happiness.

To the Happiness Within A GUIDED MEDITATION

One of the ways we practice the movement of spiritual inner awareness, and it's the primary way, is be aware inside. So take a moment to do a happy version of that.

Find a position that is more or less relaxing to you. If you're holding on to something and you don't have to hold on to it, set it down. Put yourself in a comfortable, restful position.

Using the creative imagination, consider you're wild and free and capable in a single bound to leap to happiness and to see it instantly. So see yourself in a happy place, a beautiful place.

Experiencing laughter is okay. In fact it may be rampant laughter, like a babbling brook, or soft giggles as you are tickled inside with the joy of

Whatever you see, it somehow touches how you experience yourself happy. Maybe it makes you laugh or smile. Maybe it puts you at ease.

You begin to notice things you especially like. Often this is simply noticing how beautiful nature is --- the colors, the shapes, how things move. There's a movement that tells us this place is alive, vibrant and harmonious. There are many sounds, and all the sounds are welcome and uplifting.

Take some time to notice other things you find beautiful, uplifting, and nurturing. Maybe you go into water that's delightfully refreshing. Maybe it's a gentle rain or a cool spring.

Your cells respond to whatever you sense. The aliveness of you is very keen. You experience yourself free to move. Maybe you dance. Maybe you run. Maybe you sit still and take in the beauty of

Your breathing is full of life. You come alive with each breath. As you breathe out, it's as though you're breathing into all of this beauty and your entire sur-

Now go on a little discovery walk up to a high place. It doesn't have to be a great journey. It can be a simple movement forward, where you just find yourself on top of a hill or mountain. It's very comfortable there, so you find a place to sit and breathe in deeply. Notice the Light and how brilliant the colors are wherever you look.

Now you are gently approached by someone. Maybe you recognize this person as a special friend. This person is completely happy, contented and at peace. They are sharing this happy presence with you, and they come bearing gifts.

This person shows you special gems or jewels that are brilliant blues, reds, greens, yellows or different colors. They're all very beautiful. All these gems have a special energy. This person shares these jewels with you. Somehow you take them in, and you now

There's a radiation with each gem wherever it is placed inside of your consciousness. It may be an experience of it being physically placed with you in the head, around the head or in the body. When it internalizes, it becomes part of your energy. You realize that these gems and jewels are for you as an energy that is placed with you.

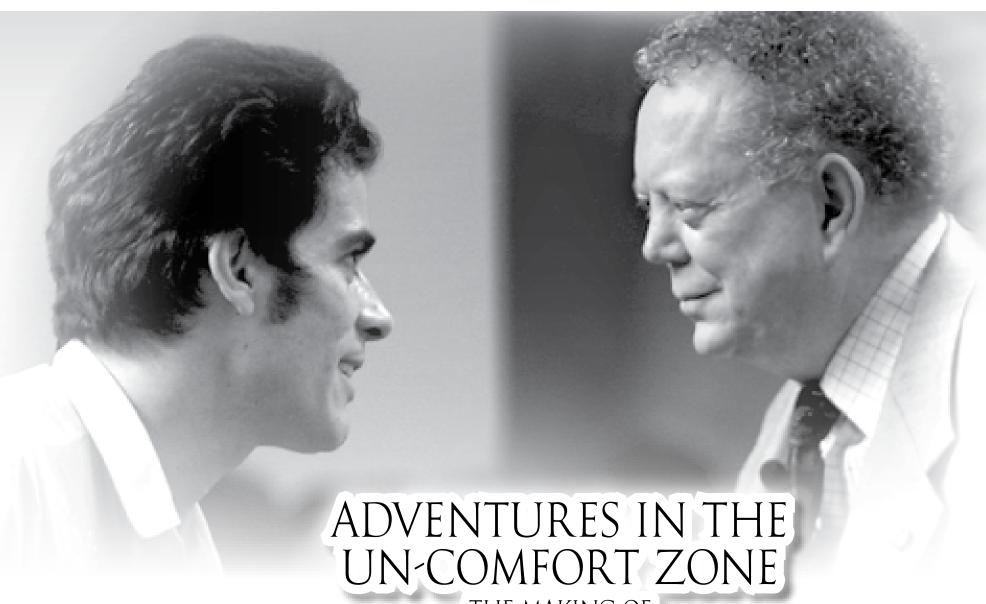
What you are aware of is that each jewel carries a light and a quality that is harmonizing for you, reminding you that you are created in a very perfect way regardless of how you viewed yourself at any time in your existence. These gems have a way of helping you to realize everything has contributed to your growth to you becoming strong, clear, wise, healthy, and happy. This process becomes an attunement for you that's completely absorbed and welcomed.

If there's anything that has in some way caused you to be concerned, or worry or wondered, it is answered so you understand and appreciate that you are blessed. You are gifted. What has been placed with you as treasures have added to your well-being and to your knowing that as you walk in this world you are blessed, and treasured and happy.

Even when you forget, which is part of the human condition, and you forget how treasured, beautiful and radiant you are, you will remember your happiness and be opened. You'll see that all of what has been gifted to you is still present, radiating, and harmonizing you, letting your mind, your emotions and all of the energy that is in your body and consciousness to lift and realize your true nature. You are joyful and happy.

You are blessed. You are bright, and you are beautiful. You are crowned in the glory that is God.





THE MAKING OF "MYSTICAL TRAVELER: THE LIFE AND TIMES OF DR. JOHN-ROGER"

AN INTERVIEW WITH JSU GARCIA

by David Sand

J su Garcia has recently completed a 3-1/2 hour film biography of J-R that has premiered at the Conference of the Mystical Traveler 2013 in Los Angeles and in London. We caught up with him in Los Angeles in October, just after the month-long John-Roger travels in England that he organized and led along with Nicholas Brown.

DS: When did you start work on the movie?

JG: Right now it's all a blur. In the winter of 2010, after we completed *The Wayshower*, I got a hit inside to start interviewing the "elders" in MSIA to get their stories down on film while we still had the chance. Laurie Lerner came along and offered to produce it and got us a camera. It was great to have our own camera, because renting one every time we wanted to interview someone would have cost a huge amount of money.

I was able to travel with that camera all over the

world to do interviews. I didn't know what I was doing. I just knew I was going to gather "data." Thor Wixon, the second unit cameraman on The Wayshower, jumped on board as the Director of Photography (DP). So I started getting interview after interview, asking everyone the same five questions: How did you meet J-R? What was it like? What's your favorite food? What would you like to tell J-R? During times of controversy, how did you get the strength inside of you to keep going?

DS: At what point did you realize you were doing a documentary?

IG: As soon as I rolled the camera I realized I had something more than just interviews, that this was something bigger. We interviewed a lot of people who were there from the beginning, including some who have now passed over like Norma Howe, Joe Ann Cain, and Steve Ferrick. The rolling of the camera was like the Traveler and the Light overshadowing the microphone when you share at Living in Grace. People were intense—laughing, crying. It was really affecting me. I was watching testimonials from people who had sweat



people who created the Movement and were part of it. I was being completely humbled. Just because I live with J-R it doesn't mean anything—these guys are the real guys. When you hear their stories you think, "Wow, I'm sorry I judged you." We went to the original sources, the people who were actually there, like Pauli Sanderson and Candace Semigran, and we got it in their own words.

son would alter or compromise my search. I didn't care if they were people who had left the Movement because at the time they were involved and the Movement was blossoming—just like in the Shakespeare lines that J-R quotes in the movie:

There is a tide in the affairs of men,

Which, taken at the flood, leads on to fortune; Omitted, all the voyage of their life

Is bound in shallows and in miseries.

On such a full sea are we now afloat,

And we must take the current when it serves, Or lose our ventures.

The first couple of editors started piecing the interviews together and asking for other footage to fill in the blanks. Those early editors, , especially Matthew Rundell, who edited *The Wayshower*, would ask questions like, "When was J-R born?" So we'd find footage that dealt with that, and pretty soon we'd have footage about his whole life. We found seminars we he talked about early parts of his life, like the car accident before he got the keys to the Traveler consciousness.

So we would pull this footage together and we had sections of different eras of J-R's life. We created a board that listed all these different eras and what we had on film. So I was floating around with a ton of material, 8mm film that had been scanned in the '90's (the scanning quality was OK but today the scanning quality is off the hook, so we needed to re-scan it).

I didn't know where it was going or even how to access the MSIA archives. That's when Barbara Wieland, the MSIA librarian and archivist, came along. She was able to get me anything. Whatever we asked for from the archives Barbara would find it, and then Phil Danza, the head of Now Productions, along with Nir Livni, would organize and copy the footage. Chuck Moore of NOW Productions would make 24-hour-a-day trips to the vault where all J-R media is stored to get whatever I needed. Amazing guy. In the process we even had a chance to upgrade the archival system because sometimes there were discrepancies between the database and what was in the vaults.

As the project grew bigger the original editors needed to go on to other projects because I couldn't afford to keep paying them. We were floundering for 2 months and I was desperate to find editors. You can't really edit this stuff without "get-

blood and tears in the Movement. These were the ting" J-R. And that can take years. It's taken me 27 years to "get" J-R—just like all of us. So if you find an editor who's really good, how do you get him to a place where he understands enough to really do the editing? It would take a month to two months in the editing room just for an editor to "get" J-R. Finally I found two great editors, Aaron Thacker, who did the graphics, and Josh Muscatine.

I called Lisa Day, who edited *Great Balls of Fire*, I wanted a lot of points of view so no one per- the Jerry Lee Lewis bio, and told her I was in trouble. She told me to relax and just build the skeleton first, and then later on add all the different layers. That gave me a direction, and we started to build the bones of the movie—all the different phases of J-R's life—and find the footage that related to those. Then we could fill in the missing parts with photos, interviews, seminars, etc. Someone would talk about a person in an interview and I could call up Barbara to get photos of that person, and suddenly I'd have hundreds of photos.

> Without J-R, the MSIA Presidency, NOW Productions, and all the MSIA tithers and seeders out there, none of this would have been possible. I got to see how the money is spent and the amazing job that's being done in organizing, storing, and making all the media available. Anybody now can punch in what they're looking for and access media from any point in the history of J-R's work. I was able to look for footage not just by date or seminar number, but even by city, so we could recreate the history of MSIA in any area we wanted to.

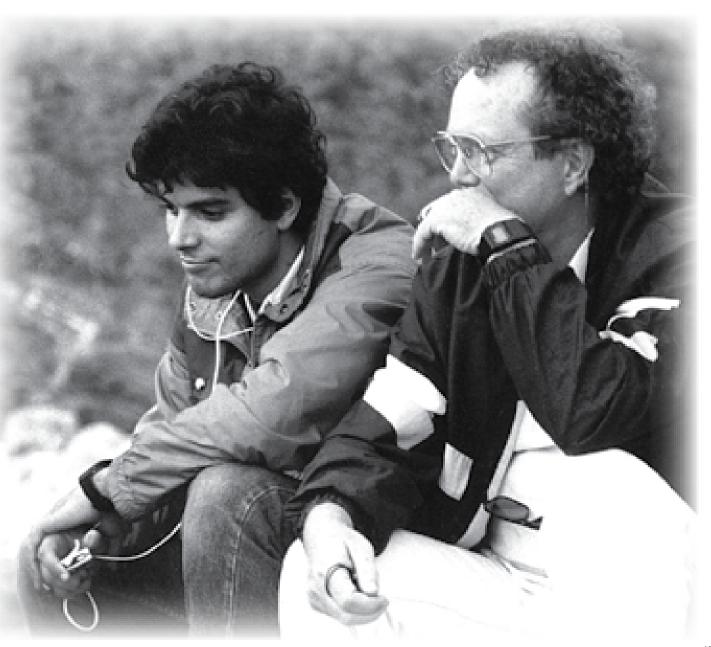
We went through 100 terabytes of data. We narrowed that down to ((290 gigabytes)) for the

final film. So you can imagine how much information we went through. We were driving ourselves hard for two years. I don't know if the machine will ever run as hard again as we ran. I would be like, "Phil, I need this NOW," and Phil would say, "Yeah, I'm on it." And it would get done. Mark Lurie was my right-hand man to keep the legal area lined up. Mark always had the attitude of, "I'm here for you. Whatever needs to get done, we'll do." I work for free. What I get is the enjoyment of being part of history.

It was almost as though there was nothing I couldn't do, nothing I couldn't create-mostly because I would go to J-R. I would say, "J-R, I need to interview Larry King, can you put it in the Light?" The next thing I know, I have an appointment with Larry King. I'd say, "I need Tony Robbins, how am I going to get to him?" I ran into his lawyer the next day. I didn't go looking for stars, I went looking for the people J-R touched during

We went through an incredible number of rolls of film to find stills. There is even film that was never developed, and we had to scan it to make contact sheets just to see what was there. And luckily some of the early staff people filmed J-R with the old 8mm film cameras. The bulk of the expense of the movie was restoring all that 8mm footage. We had something like 55 hours of this stuff that has never been seen before. We made a big investment in restoring that 8mm film, thanks to the Presidency and J-R. And it looks gorgeous. There is also an old Laren Bright interview with J-R

(Continued)



ADVENTURES IN THE UN-COMFORT ZONE... AN INTERVIEW WITH JSU GARCIA

(Continuing)

that was shot with a camera that was tethered to a recording device. That technology doesn't exist anymore, so we had to find someone who could scan that to get it into a format we could use.

DS: What was it like to look at all that early footage?

JG: Everything was exploding, and the 8mm film really reveals a bygone era. It's like a time capsule. You see J-R in that context and of course you're It brought the picture to a whole new level. in love with him. Just imagine having film of the time of Jesus, and seeing all the people with him. Now you can be a witness to something amazing that happened in our own time. In 100 years we'll all be gone. Will the film be what people look at to know how it was? I don't know, it's digital, and who knows how long that will last? It might just disappear with the ones and the zeros. But the journey was amazing and I was investigating J-R like a reporter.

I learned to be a reporter, and then I learned how to be a scholar. I'd see a person in the back-



ground of a piece of film from 1970-something and wonder who it was....and then the editor would come to me all excited and say, "I think I found this who this person was...look at this!" And then we'd see them in the 8mm footage. We'd be looking at a piece of film and have no idea where it was from, and then we could enhance it and pan down and see a San Francisco newspaper under the table, and we'd know the location. We'd piece together times and locations according to J-R's hairstyles, or a car he was driving, or some other detail.

I don't know if there are many people who have as much archival footage of their lives as J-R. (Maybe George Harrison—I highly recommend the documentary of his life, Living in the Material World.) I was pushing everybody hard to get all this material together, especially NOW Productions and Barbara Wieland. Even with all that material there are still gaps where there is no film. There are places where we've had incredible experiences, like in Egypt on some of the PAT IV's, where we don't have everything filmed, so we had to go to photographs or interviews.

We finally assembled a two-hour version. We used code-words for the different assemblies of the movie that came from the different versions of the

finished in 2012 was the Endeavor. The final one would be Atlantis.

When we screened that 2-hour version we got feedback that there wasn't enough of the teachings of J-R. We had purposely held that back because we didn't want to preach or proselytize. But it didn't present a full picture of J-R's work, so we added 50 minutes of the teachings, in depth. Watching the movie, you can feel how it drops you into the depth of the energy. Aaron Thacker added amazing 3-D graphics to create 3-D versions of still photos, and to show the realms of consciousness, using a level of software that's used in sci-fi movies.

In April of this year we sat down with the editors and made a big board outlining Atlantis, the final version. We had a 3 hour and 50 minute movie. We tried to cut it down, and we were able to cut out some little things, but we realized that at 3 1/2 hours, that was the movie. No more adding and no more taking away. At that point we just had to decide on how to put what we had in order. We divided it with haiku-like titles and little sections of 8mm film that we called chapter breaks. Rather than say something literal like "Utah—The Early Years," we would use short J-R quotes from

> the film, and that would "gestalt" that part of the movie in a way that sparked people's interest.

DS: What was J-R's role in the film?

IG: The best part with J-R. He's always involved—and he's involved in my head. And those are

the best times that I have in making movies. I ask myself, "What would J-R think? What would he do here?" And I had every answer. Sometimes I'd be with him and I'd be depressed and he'd ask me what was wrong, and I'd say, "I'm not getting suchand-such for the movie." And the next day I'd get a call about it. J-R was always my oracle that I would complain to, and he would magically change something. It was like there were no obstacles in making this movie. J-R was like Ganesha, the Hindu god who's the remover of obstacles. If J-R didn't give me the green light, it just wouldn't happen.

All along we were showing J-R clips of the movie to get his OK. I can't claim credit for any of this. I wanted to become a conduit so that Spirit and J-R would talk to me. In all my decisions I would defer inwardly to the Spirit. All along I kept hearing J-R's voice echoing in my head, "Do it right. Do it right." And every time I found myself cutting corners, it was like, "No, man, do it right."

I knew I needed to stand strong in the conviction of what I needed to say, of what I know as J-R. The overall purpose of the movie is to show that J-R served the Lord. I just wanted to put J-R out there as honestly as I could. Then the secondary

space shuttle. That first two-hour version that we part is to make it artistic and cool. There was one time when one of the editors didn't think I'd care, but he edited a J-R quote. When I asked him to replay the original, I could see that it was changed so it made sense in the storyline of the movie, but it also changed the meaning. It reminded me of the way the teachings of Jesus were changed in the Bible. We changed it back to the original. It was very important to stay as true as I could to J-R.

> I didn't feel that I had to be defensive about anything. I wanted to reveal everything. And I'd like other spiritual organizations to do documentaries like this about themselves so we can know more about them. I've had so many people come up to me and say, "I didn't know that about J-R," and they were spouses of people in the Movement. They would say, "I totally see J-R now. Before I was seeing him through my spouse's eyes. Now I get it." It was worth it because of that. J-R puts an energy with the movie, and you just get it. He saw it on July 5 and said the energy is on it, the Christ

> I'd love to take credit for all this, but I can't. I'm just the bus driver. It was J-R who opened the door, and everybody just participated, and participated hard-core. Zoe, the line producer, was a killer worker. And Laurie Lerner, the producer, always came through when I needed anything.

> DS: Were there things that changed in your perception of I-R through making the movie?

IG: He's really intense. I knew him for 27 years, but most of that was after he gave the keys to John. And it was still a hard school. But I can imagine what it must have been like when he was in his thirties. When I moved in with him I really had to learn how to move, but back then I'll bet you had to move twice as fast, or you'd get left behind. In making the movie I saw how he was clearly following an inner direction.

I'm friends with J-R the funny guy, the clown. Up here at Mandeville we're with the J-R that's just hanging out, and that's what I grew up with. But when he's lecturing that's the other J-R. And I fell in love with all the old staff members who have gone. They're like rock stars. And the women who were around in the 70's and 80's—I would think, thank God I didn't know her then, I would have fallen in love with her and married her. And I was shocked by who actually married who. Most of all, I'm shocked by how much J-R has done.

I love the early days, the hippie time, when everybody was sleeping on the ground, and working hard, and when there were fires and floods up at Mandeville everybody pitched in to help J-R. I learned that people follow J-R because of the love. That's what it was about.

That's the great lesson for me—you always come back to the love. I came to the conclusion that either J-R is who he says he is, or everybody's crazy—because he affected all those people. Maybe he could have brainwashed a few people—but all those people had the same inner experiences. I've interviewed probably 100 people, and the ripples and effects that J-R has had on people—it's incredible. I don't get that when I'm just up here at Mandeville with J-R. But then when I interviewed

all these people, I got touched by how J-R touched them. And I could see all the ways that he touched them privately—not just through seminars—but he held everyone's hand as they went through their lives. I was moved by their being moved. The average interview was about 20 to 40 minutes, and it was like a mini-seminar inside of me. I interviewed Steve Ferrick just before he died, and when the interview ended, he said, "Well, J-R, my bags are packed." That really trips you out, to interview someone who knows he's going, and who knows he's going with the Traveler.

DS: Were there ways that you changed in the process of doing the movie?

JG: I think I got meaner. I'm trying to learn to be more delicate with people. But I learned there is a giant core inside me, and that's my true self, the part that J-R helped to grow. And it grew by listening inwardly and staying true. Part of the test for people in the Movement, and for everyone else, is whether we a move until J-R says I can make a move. get thrown off our path by other people, or whether we stand up and fight the fight of what we need to get done, without hurting someone. I would just make it known that "hey, we're going to finish this movie." People would tell me it was impossible. And I would tell them the possibilities. Sometimes I would lie to them. I would tell them what we were going to do, and then I'd leave the room and go, "Oh my God, what are we going to do?" But that was my job to do, not theirs. My job was to go cry to J-R and go, "Please, you've got to do something. I think I've bitten off more than I can chew."

We had plenty of time, and plenty of time for disaster. And at the end we got to mix the movie at Warner Bros. with Dane Davis and the Dane Tracks folks who did sound for The Matrix. These were people who aren't in the Movement who love J-R, who have met him and who

ing the movie you could see how J-R's seminars would make these people think. Some of them are believers, some are atheists...it doesn't matter. In the midst of making a movie we were having discussions about philosophy and spirituality. So working with J-R, or doing a movie with J-R, is always fun, even though you're working

It was hard but it was worth it when we saw the result at the screening on July 5. When I looked out in the audience and saw that full house, with J-R there, the pain was all gone. We flew, like the Wright Brothers. While you're making the movie, as soon as you think about it you get overwhelmed and it's over. So what I got out of making this movie was a high-speed line, with high bandwidth, in my connection to the strength and knowledge of what is clear and not clear inside of me. Sometimes it rubs people wrong because I'm not going to make

So that brings us to right now. A lot of people want it on DVD, so we're working on the blu-ray. J-R said we're like Johnny Appleseed, just planting seeds to make the teachings available. If I could keep making movies about J-R I'd love it. We're showing the film at the film festival in Mar de Plata, Argentina. (We're showing the 2-hour version.) I want to interview more people, and there will be more on the blu-ray. I don't want to change the movie, but I can add bonus features to the DVD.

You just don't know who's going to be digging J-R. So we're getting subtitles in a lot of languages so people can see it all over the world—Polish, Japanese, Chinese, Farsi, Hebrew, Russian, Spanish, French, Arabic, Bulgarian. Some people from Abu Dhabi came to the London Premiere. They didn't understand all the language but they got J-R. So now we're doing Arabic subtitles. I meet out and change himself, or change the world.

like what he has to say. As we were sound mix-people from different cultures and send them the movie and ask them what they think. I met these Chinese women at the Four Seasons in London and asked them to look at the movie with Chinese subtitles. They thought I was crazy, but they ended up loving it.

> And I want to do more screenings. We do a J-R seminar marathon, and then do the movie, and you're thoroughly doused in J-R. I want to do screenings in San Francisco and South America.

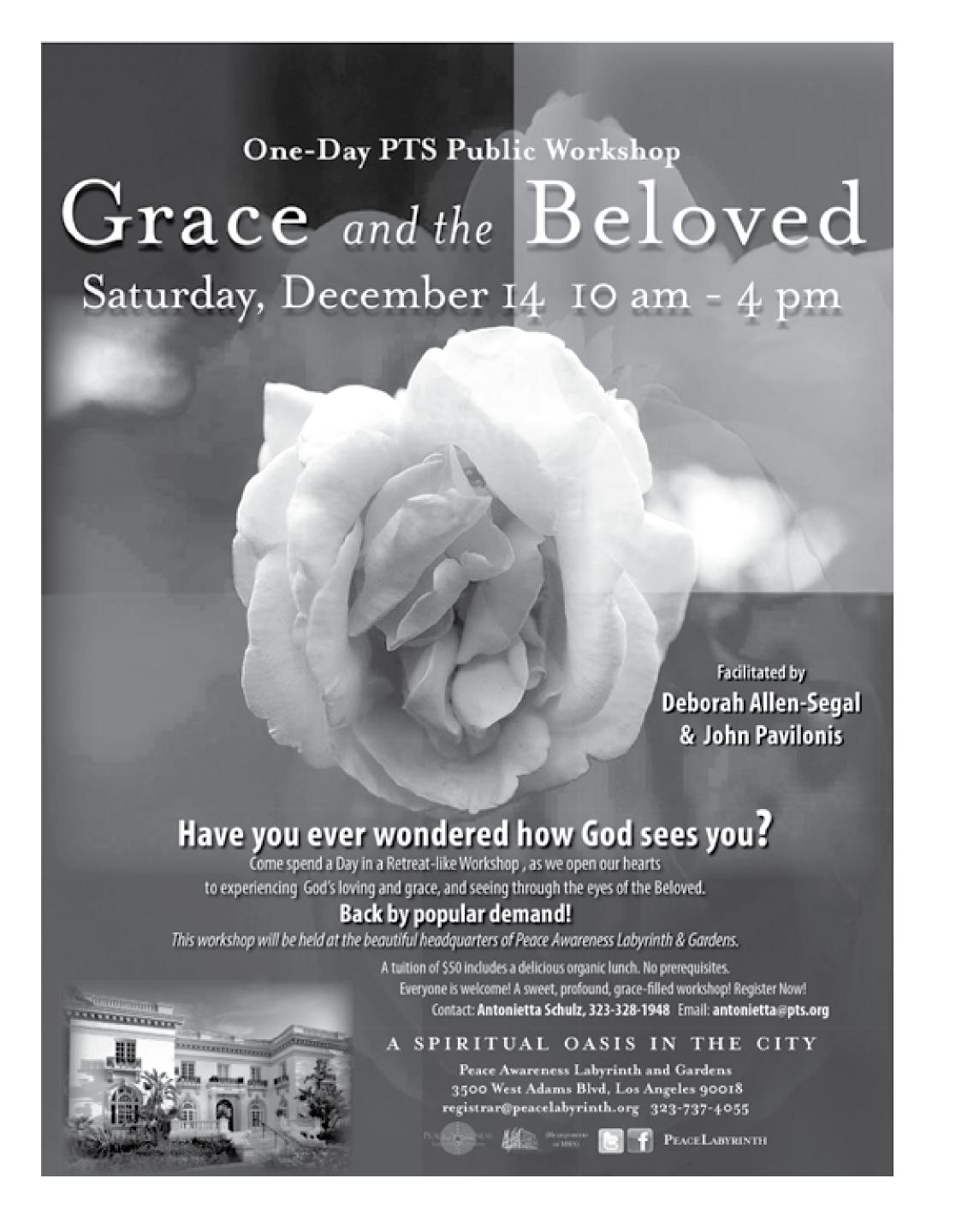
DS: What's your hope for the movie?

IG: I've given up the idea of trying to make money on the movie. If that was the goal I'd be fired, and luckily J-R isn't requiring it. Someone told me that sometimes the movie is for that one person at that one time. There was this one man in London who rode the bus all the way from Scotland to see the movie, and he got on the bus right after it was over to go back to Edinburgh (about a 12 hour bus trip each way). I said, "The movie is for that guy." He was so into the movie, and as he left he said it was totally worth the trip. Inside I was like "Yeeeeeahhhhh!!!" That's what you make the movie for—people like that. I'm hoping we can touch people like that. We can be jaded here in California, because we have so much of this stuff. But you can show this to someone who's thirsting for it and they go,

People here say, "I've taken Insight, thank you." Well how about taking it again? Sometimes you have to get out of your comfort zone. I showed the movie to one famous guy, a friend of Oprah, and he said, "I-R gave me the answer that I needed for the book I'm writing. Thank you." That's all I need to hear. I don't need him to join MSIA. That's what J-R was always about—what key can he give that one person that would make that person go



Hove the early days, the hippie time, when everybody was sleeping on the ground, and working hard, and when there were fires and floods up at Mandeville everybody pitched in to help J-R. Hearned that people follow J-R because of the love. That's what it was about. That's the great lesson for me —you always come back to the love.



A Medical Miracle Cultivating the Sweetness Within

BY Joelene Ashker, M.A., M.S.S.

It was a day just like any other—except when I woke up I found that my eyesight had radically changed overnight and I couldn't see beyond my hand. I was very confused by this and my first thought was that I needed a new contact lens prescription.

I went to my ophthalmologist, who adamantly told me that she wouldn't give me a new prescription unless I got a blood test for diabetes. I responded, "With all due respect to you doctor, I think you're crazy! This doesn't run in my family and I take great care of myself. I do all the right things: I eat healthy, meditate, live peacefully and I'm in DSS. Most of all, I love my life." However, in the end I decided to placate her and have it checked-out—mainly because I needed a new prescription.

And here my journey began. In May 2013 I was given a diagnosis of Diabetes Type I. I knew nothing whatsoever about this condition and I really didn't care to. I learned that my pancreas was working at a two-percent level of efficiency and was not producing insulin (a natural hormone we need to produce blood sugar efficiently and optimally), thus generating extremely high blood sugar levels in my body. Additionally, my doctor told me that if this had been detected six months later, God knows what condition I'd be in—if even alive. Keep in mind that up until this point I didn't go to doctors or take medication and I considered myself to be in excellent physical condition.

I'm grateful that I had a medical team of angels. My endocrinologist told me that she sees a record amount of women my age—in epidemic proportions, in fact—because of extremely high stress levels (and you won't find that in any medical journal).

For my own part, I considered the depression I experienced for decades and the stress in other areas of my life and wondered how they played a part in all this.

I asked my doctor to refer to this as my "condition" rather than as a disease, because I wasn't going to label this or own it as such. I wasn't in denial; I just knew it wouldn't serve me to take it on that way in my consciousness. Although I'm not sure she understood me, she respected my request. I asked her, "How long might it take for my pancreas to start working one-hundred percent again, and when can I stop checking my blood sugar five times a day?" She nicely said, "Joelene this is incurable. You will have this for the rest of your life. In my fourteen years of practicing medicine I've never seen a pancreas come back. It won't come back, and if you don't take insulin you'll die."

To which I said, "Watch me turn this around." She smiled. I said, "I'm serious. Just watch me turn this around." I spoke to other physicians I trusted and they concurred with her diagnosis and prognosis based on medical history and their experience.

This was the first time in my life I released twenty pounds without even trying. Of course, I was elated! Until I repeatedly heard that this is a condition in which the body goes into starvation mode. But how was I starving myself when I love to eat?

In retrospect, I can see the metaphors. For years I had lack, limitation and scarcity thinking. I was living in a city that wasn't nourishing to my soul and I was starving myself by living a smaller life than what I was capable of, rather than reaching for my much larger goals and full potential.

Living with diabetes was initially a radical life change. I was giving myself insulin shots before each meal, four times a day and before bedtime, checking my blood sugar five times a day and eating on demand. I also had to educate myself about the condition because it was foreign to me. At first I felt shocked, confused and angry. After all, I asked myself, with all the inner work I've done, how could this happen to me?!

My dear mother began scouring the web for information about all the side-effects and things that could go wrong for an individual with my condition, and I requested that she not share their discoveries with me. She didn't. For me it was like listening to or watching the news: why would I want to feed that wolf into my consciousness when I have the knowledge and education to stay conscious, clear and positive?

Instead I quickly went into inner-cooperation and acceptance of the situation, of "what is", and I gracefully adapted to my new lifestyle.

I saw this as an opportunity to take my self-mastery to the next level of excellence and impeccability by being very intentional and self-disciplined with my inner-work and by creating a whole new story for the next chapter of my life. I took every skill I could think of that I've learned over the years through John-Roger and John Morton's mastership and began to experiment with them, to put them to practical use—mentally, emotionally, physically and spiritually. These profound practices are now a part of my natural and daily routine, not something "extra" to do.

I also recommitted to this: I'm choosing to walk a master's path for myself at new levels of consciousness, vibrant health and wellbeing. I am choosing to walk my walk and talk my talk as an example for my coaching clients. I choose life!

For the first few months, when I gave myself insulin I visualized and blessed it as liquid love and light something the body could naturally produce to survive, only mine simply needed help making it. Then I visualized the insulin going into my pancreas, and I imagined my pancreas functioning at one-hundred percent. I consistently supported, encouraged, and acknowledged my basic-self for doing a great job keeping my blood sugar in a particular range. I visualized those numbers. I listened to the Forgiveness, Luxor or Body Regeneration CDs nightly for clearing. I increased my prayer and Spiritual exercises, walked the Labyrinth, did freeform writing, practiced yoga four to five days a week, took PATIII, saw my Eastern medicine doctor and took a powerful neutraceutical to change my metabolism at the DNA and cellular levels, and it helped reduce my sugar. (I still do all these things.)

I listened to my intuition, which told me this was about "choosing life," and I recommitted to my life. I recognized there were three things keeping me in Los Angeles and that my heart was guiding me to be in Portland for a graceful, easier and greener life (even though I didn't know anyone and had never been there). A friend and medical intuitive asked me, "Joelene, where are you not following your heart?" I knew immediately this was

the change I needed. No, craved. My time in Los Angeles was complete, for now.

Funny—this being said, the three attachments I thought were behind my continuing to stay in Los Angeles dropped out of my life within a week of this conversation. I recognized that all three were relationships I had outgrown and it was necessary to choose my self-respect and let them go. Ahh, what timing! Truly, Spirit in action!

When I was first diagnosed with diabetes I thought, "But food is my comfort! How will I get that now without the carbs and sugar that I love?!" The last piece of the puzzle, in addition to the actions described above, was that I radically changed the way I eat: no carbs or sugar whatsoever and only protein, veggies and a tiny bit of fruit.

Now, my sweetness comes from within and home is in my heart. I honor, respect and cherish my body temple. I lovingly talk with and encourage myself consistently and have a smile in my heart about myself. While I've practiced an attitude of gratitude for many years, there was still room for much more, especially given this experience. I continue to be an owner, creating and generating my experience, rather than being a victim of circumstances and a prisoner of my own mind and body.

Two months ago I went into my doctor's office. She referred to me as her "dream patient" because of my quick progress. I told her what I had been doing recently. I didn't, however, share with her the full depth of my inner-work and self-discipline because I didn't know if she would really appreciate it. I ended by saying, "And, I'm no longer taking the insulin because my numbers are so normal on their own."

She ran out of the room, came back in with a cup and said, "Here, go urinate in this, stat!" Then she ran back out. When she returned she said, "I had to go catch my breath. What the hell are you doing not taking your insulin? You could die!"

"Look at my numbers, Doctor," I said.

She did. Her mouth hung open in disbelief and she turned pale white. She looked at me and said, "Your numbers and blood work show that your pancreas is working at one-hundred percent efficiency. Your average glucose levels for the past few months went from very high 11.4, down to 5.5.

Your sugar levels are now normal. You don't need to take insulin. This is a medical miracle. This isn't possible. I've never seen it before. I have chills." Then she sat down silent and speechless.

My intention in sharing my experience is to offer hope, support, encouragement and inspiration to those who may read this. Most importantly, I wrote this to remind you that perhaps most anything is possible through your tremendous power within, through cultivating a deep and intimate relationship with yourself and God and keeping an open mind and heart.

I continue to cultivate the sweetness within daily and with profound gratitude for these teachings. I too have chills and am speechless—as I sit in my spacious and beautiful home in Portland, Oregon.

George Moore said, "We travel the world in search of what we need ... then return home to find it."

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Spiritual Exercises Retreat Dolce Retreat Center, Norwalk, CT May 9-11, 2014

"When you're dealing with spiritual things, you need a way to get to the Spirit. We teach you a scientific, repeatable approach—called spiritual exercises of how to keep getting into the Spirit."—JOHN-ROGER, D.S.S.

Prerequisites: Must be an active subscriber to MSIA Soul Awareness Discourses or SAT's (if 12 years of Discourses completed). All \$100 deposits become nonrefundable when the event is confirmed.

Spiritual exercises, the primary form of spiritual practice in MSIA, are vital to students seeking to expand their awareness of Spirit and their Soul. This is a fundamental course of the Seminary. Students work on creating the loving attitude and time to spend with Spirit each day.

Tuition:

- · Early Tuition \$675 if paid in full by January 31, 2014
- Regular Tuition \$750 after January 31, 2014
- · Special Couple's rate of \$1,250 paid in full by January 31, 2014



on the schedule below. Transfers are subject to approval, based on the number of registrations for the event. No Shows (cancellations without notifying the PTS office before the first day of the event) are nonrefundable and nontransferable.

Cancellation Schedule: Amounts are nonrefundable but are transferable to participants

> • \$300 after November 29, 2013 • \$500 after January 31, 2014

• Entire tuition after April 30, 2014





AROUND THE PLANET

here are PTS classes taking place in homes and public venues around the world, and there are over 1000 PTS class facilitators worldwide. Check the PTS website, PTS.org, to find out about classes being held in your community and around the world.

Call PTS 323-737-1534 if you would like to create and/or promote classes in your area.



Sat Dec. 14 & Sun Dec. 15, 2013 8am to 3pm PST (Los Angeles time)

The Christ resides in each person's heart as unconditional loving. In this course, students learn to create and expand their relationship to the Christ within and to express from the loving in their hearts

Weekend class for Active Discourse subscribers or SATs if 144 completed.

Tuition: \$50

Registration deadline: Dec. 1, 2013 (due to 1:1 Technical training required prior to class)

Contact: sylvia@msia.org

Classes in the L.A. Area

Free Form Writing Class at Prana West 7:30pm—9:00pm

3726 West Adams Blvd, Los Angeles
Registration & Information: PTS 323-737-1534 or registrar@pts.org
(Every Wednesday in 2013, except July 3, November 27, and Dec 25)
No Charge. Donations welcomed.

Peace Theological Seminary
College of Philosophy

and Dec 25) Lig Co Ch Fei

3500 West Adams Blvd, Los Angeles Light refreshments follow. Come & partake of these Light-filled and joyous Spanish 2-hour events. Check our Spanish website for more details or call

and Workshops at Prana

Weekly Seminars

conducted in Spanish

Check our Spanish website for more details or call
Fernando Mercado 323-559-9575 or Alicia Landa 301-377-9184

Every Wednesday 7:30 to 9:30 pm

PTS Open Workshops with John Morton



For details go to www.msia.org/broadcasts

Also check our website for closed MSIA Seminars/Q&A's on this trip and NorCal events!

> Info: msia.org/broadcasts



Living the Spiritual Principles of Abundance and Prosperity, Buenos Aires, Argentina Thursday, Nov 12

7:30 - 9:30 pm UTC/CMT -3 hrs

Registration starts at 6:30 pm

Location: Loi Suites Recoleta Hotel, Vicente López 1955, Ciudad Autónoma

Cost: \$15

Contact information and Registration: Call Pablo Balbuena (+54 9 11) 6822 7073 or Juan Balbuena

(+54 9 11)4411 3581 or email ptsargentina@gmail.com or msiadeargentina@gmail.com

More details go to http://www.msia.org/Event/detail/1720

Love is in the Air, Belo Horizonte, Brazil Friday, Nov 15 8:00 - 10:00 pm UTC/GMT -3 hrs

Registration starts at 7:00pm Location: Hotel Caezar Business - Av Luiz Paulo Franco 421- Belvedere Belo Horizonte- Minas Gerais - Brazil

\$15

Contact information and registration: Call Lana Barreira, 5521 8840-9547 or lanabla@me.com

More details go to http://www.msia.org/Event/detail/1716





Presented by Teen Insight

Teen Talent Show

Multi-talented Teen Insight grads sharing their extraordinary gifts thru music, written word and dance.

Saturday, Nov. 23, 2013 7 pm Silent Auction 8 pm Talent Show (available to view online) 2101 Wilshire Blvd., Santa Monica, CA 90403 \$25.00 per person

Tickets available at the door and online Purchase tickets and donate at www.insightseminars.org All proceeds go to Teen Insight Scholarship Fund



October 10-17, 2014

Facilitators: Joey Hubbard, Matthew Molitch and Candace Semigran.

\$2,000 per person-shared occupancy \$2,600 per person - single occupancy

Prices includes the seminar and all fares, meals, taxes, port charges, gratuities and one free day in Bermuda. All rooms are ocean view

Reserve your Space: non-refundable, non-transferable deposit of \$300 payable to Insight Seminars There is a limited number of cabins allotted to us, so first come, first served. Balance is due by June 1, 2014.

To register or for more information: please contact Vanessa Christopher at Vanessa@insightseminars.org or 1.800.311.8001 ext 107.

All-Audit Insight II*

Cruise from Boston to Bermuda & Return on the Norwegian Dawn

This special Seminar will combine some new processes and surprises with classic Insight II processes adapted for grads to be deeper and more expansive. Imagine INSIGHT aboard a cruise ship...In addition to this specially designed seminar for grads, you will have time

to enjoy the ship's amenities plus one free day

in Bermuda to leisurely explore the beaches,

golf courses, restaurants, shops and historic monuments.

*Pre-requisites:

Insight II is a pre-requisite. However, you may bring another family member (age 18 or over) who won't be participating in the seminar for \$1,000.



PEACE AWARENESS Labyrinth Rardens A Spiritual Oasis in the City Headquarters of MSIA **Sat**, **Dec 7**, **2–5pm** Tues, Dec 31, 8–10pm

Old Fashioned Thanksgiving Dinner At Prana

Thurs, Nov 28, 1 – 5pm

\$45 – Adults/Teens \$25 - Seniors (70+) & Children (8-12) Free – kids (7 & under)

Open to the MSIA Community and their families

Register Online by Nov 25:

http://MSIAThanksgiving.eventbrite.com

Children's Christmas at Prana

Free & Open to MSIA Discourse subscribers and their children

New Year's Eve Sacred Tones

Free & Open to all

New Year's Spa Day

Sat, Jan 4, 10am-1:30pm \$20 which includes gourmet brunch Open to all

Public Visits & Tours, Labyrinth Walks

Sundays 12 – 4 pm Tuesdays-Fridays 11am – 3pm

A Saturday Afternoon At The Labyrinth 2^{nd} Sat of month 12-4 pm

Buffet Dinners \$12

M-Th 6 pm Fri 5:30 pm

Classes & Workshops

Weekly & Monthly

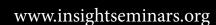
Visit www.peacelabyrinth.org for more info.

PAL&G Closed to the public: Nov 16-17, Dec 24-25, Jan 1

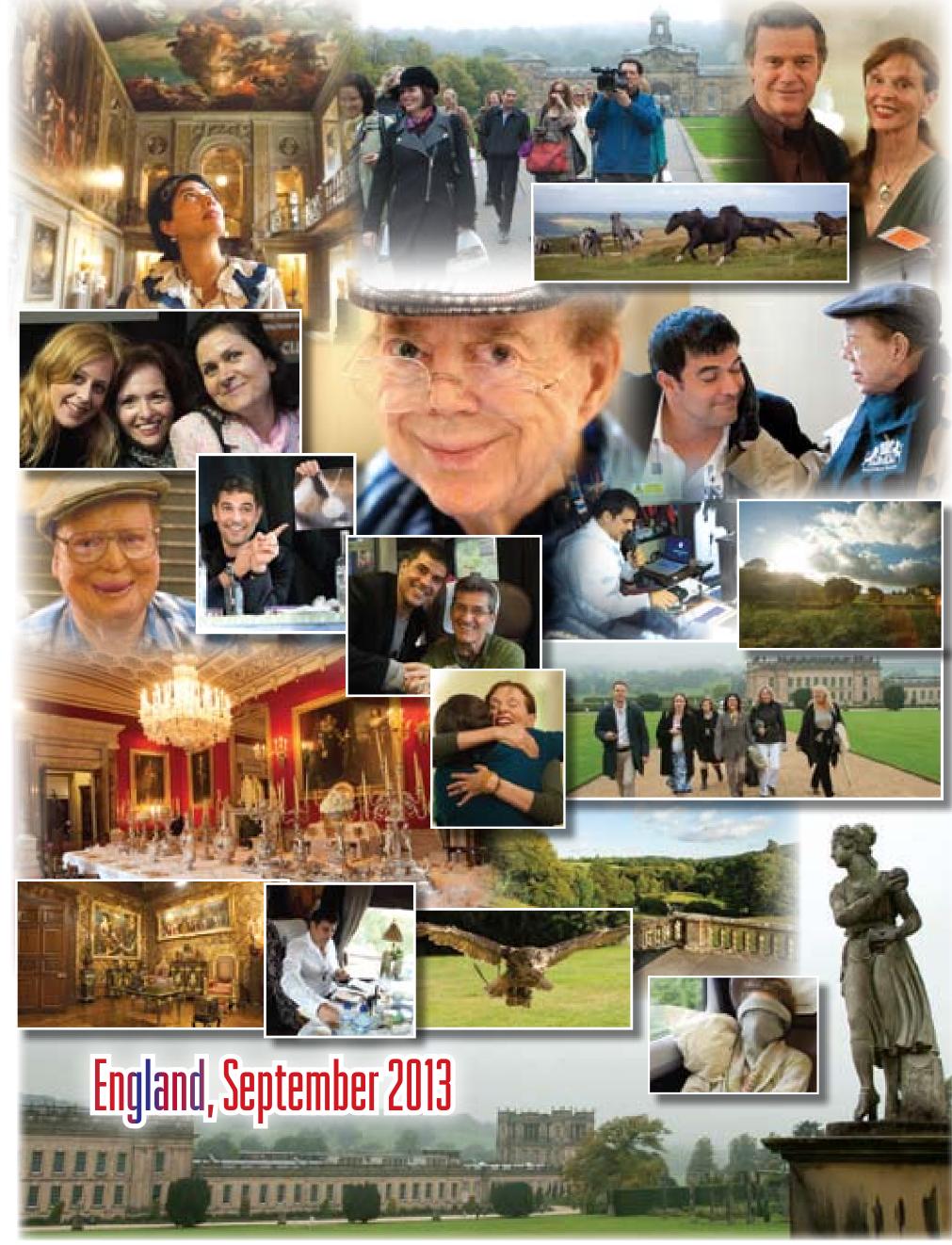
PEACE AWARENESS Peace Awareness Labyrinth and Gardens, A Spiritual Oasis in the City 3500 West Adams Boulevard, Los Angeles, California 90018



FOLLOW US F Peace Labyrinth







For more photos, go to ww.ndh.org





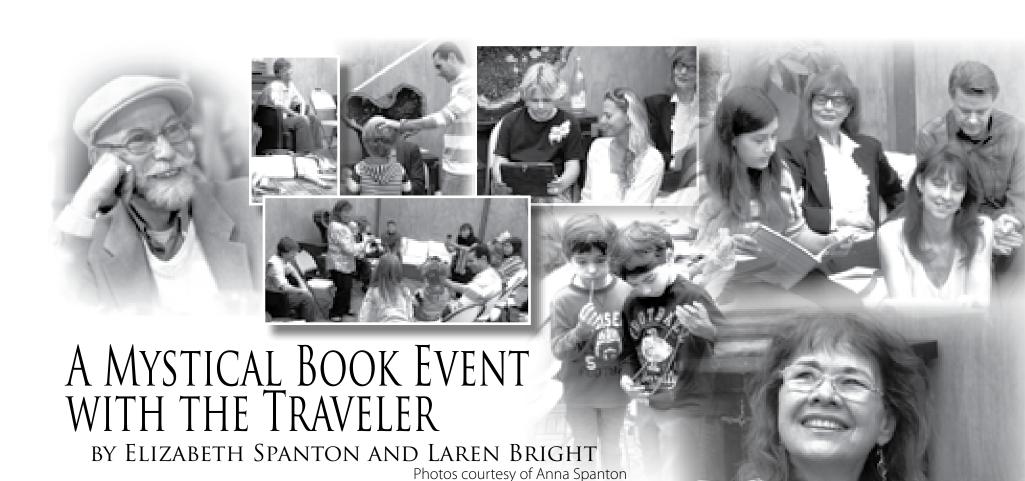
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Mystic Journey Bookstore's event room was only sparsely filled at the starting time of the event on Saturday, October 12. But as Leigh Taylor-Young filter in. By the time John Morton finished his comments and brought forward a blessing on the book the room was filled with children and adults. It was magnet, beckoning everyone in.

The occasion was the official launch of Golden Voyages, a beautiful book for children and families, written by the writers of this article, Elizabeth Spanton with Laren Bright. The book takes readers along on the adventures of two young children who travel on a magical ship to meet with Wisdom Teachers through the ages.

John and Leigh made the event special with their presence. Leigh, who acted as MC, expressed that she had been deeply touched by the book as it reawakened her to her childlike innocence. John expressed his happiness in having an MSIA book for children that can be shared with friends. He emphasized the presence of the Traveler's energy in the book that has been charged and blessed by J-R. John also shared parental wisdom about the need for parents to read to children.

With his guitar, Matt Van Fossen played and sang The Wisdom Keeper Theme Song set to the melody of Beethoven's *Ode to Joy*. It was originally written for the children of the Wisdom Keeper Class that Elizabeth leads each month. It was the perfect way to open this event and bring in the joyful sound for all to sing.

Elizabeth expressed gratitude to John who, in a sharing at the MSIA Conference several years ago, had inspired her to write a children's book. She acknowledged Faern Montgomery for her magnificent artwork, and she thanked Marjorie Eaton for encouraging her by listening to her 20 practice stories and suggesting changes. She shared that it was her grandson, James and daughter Anna who suggested the idea of the Golden Ship and traveling back in time. And she gave a nod to Laren for putting "cinnamon and spice" into her story and for further developing the characters.

Elizabeth also used the occasion to teach, much as she does in her free children's classes at 2101 Wilshire.

She had designed a game that guided the children to understand the meaning of "Wisdom" and "Keeper" in order to win a prize. Wisdom is knowing from the Morton welcomed the group, others began to slowly heart. Keeper is action, like a zookeeper who tends and cares for his animals. She said that a Wisdom Keeper is awake to the truth that he is the Living Love. The children's answers were precious and deas if John and Leigh's loving presence had acted as a serving of the prize: a dog tag-like necklace with the words, "I Am A Wisdom Keeper."

> One of the highlights of the event was young Gabriella Vahanian and James Hopton each reading an excerpt from the book. Everyone in the audience seemed to enjoy the story and the reading.

Laren said that he always saw the book as a family activity, with parents reading the stories to their children – or vice versa. He spoke to the parents saying that Elizabeth had the vision of presenting heroes to children - not the kind that catch bad guys, but those who demonstrate the power of living love. He recounted that in his career writing children's we can inspire the children to believe is what they doing that in spades. will go out and create in the world. What better thing to believe in and create than love.

by requesting that if they liked the book, to please tell to join us -- in whatever way you are moved to do Wisdom Teachers from Confucius and Pythagoras to Golden Voyages Facebook page, telling your friends, anyone of any spiritual or religious belief could enjoy. anything you can do to assist us in bringing wholesoon, and the books make great Christmas presents. families. We view this as Spirit's book, and we wel-

Leigh closed the presentation part of the event come your support as Spirit moves you. gracefully and graciously, and invited parents to buy the book. The audience enthusiastically responded, making the bookstore, Elizabeth and Laren very happy.

Homemade refreshments were enjoyed as books were signed and Elizabeth and Laren chatted with the children and parents.

We are so grateful for the Traveler's support, J-R and John's encouragement, and John and Leigh's generous participation with us. This whole event

animated television cartoons he saw John-Roger's came about because John had told us that he was principle that action follows thought in a very real willing to participate to support this book, and, as way. The way it translated for Laren was that what he has demonstrated consistently, he, and Leigh, are

The Golden Voyages book is available through the MSIA online store and through Amazon, or He invited support from the adults in the audience it can be ordered at any bookstore. We invite you other families about it. With the first book covering so: sending Light, buying the book, "liking" the St. Francis and Jesus, it was a very ecumenical book that sending out emails about it, etc. We are grateful for And he reminded people that Christmas was coming some, positive, and uplifting stories to children and



This amozing and exciting book inspires children as the imagination lives once again in a time when there were Way-Showers walking on the earth teaching Timeless Wisdom of the Heart through magical journeys taken by two children, Adara and Tahir' Please help us spread the word about: ELIZABETH SPANTON with LAREN BRIGHT Illustrated by Faern Montgomery

- Send the book the Light
- "Like" Golden Voyages on Facebook
- Tell your friends about it
- Mention it in your emailings or blogs
- Write a review on Amazon.com
- Ask for it in bookstores
- Give it to friends as gifts

The Spirit of the Traveler for Children

Imagine the future our children can create when we inspire them with stories that ignite in them the wisdom of Truth Teachers through the ages.

Golden Voyages is a wonderful read-along-with-your-kids book. It introduces young Tahir and Adara, and their pup Skipper, who embark on magical adventures to ancient lands where they encounter teachers of timeless truths. With them, children discover the mysterious Captain with his heart-melting smile and join in as he guides the kids on their quest to become Wisdom Keepers – those who live from the loving heart.

In this first book in the series, children are introduced to universal concepts at the feet of teachers like Confucius, Pythagoras, St. Francis and Jesus. Because the teaching are ecumenical and free of agenda, any child, whether in an MSIA family or not, can relate to the stories.

Richly illustrated, Golden Voyages can be enjoyed by children (and adults) of almost any age. It is a perfect holiday gift!

If you have been looking for a unique and fun approach to introducing wisdom teachings to children you care about, get a copy of Golden Voyages from the MSIA store, Amazon, or ask for it at your favorite bookstore.

Golden Voyages - A children's book blessed & charged by John-Roger

Golden Voyages 'lit up' my imagination, and I experienced sweet delight in Spiritual adventure. I read it in one sitting, and was immersed, like the children in the story, in the discovery of my love for God, and all of the Travelers and their wisdom once again. My heart was so refreshed in simple joy and innocence.... For children of all ages.

Leigh Taylor-Young Morton

Golden Voyages is an enchanting tale with a lovely attunement of the traveler consciousness

John Morton

Would you like to experience gratitude for ALL parts of your life?

Do you want to attend a live MSIA workshop in the comfort of your own home?

Check out MSIA's Tele-Workshop coming up in November!

"Something that looks like your greatest catastrophe is really your greatest blessing, because it will lift you into the next level of awarenesss."

-John-Roger, D.S.S., MSIA Founder and Spiritual Advisor



With John Cawley & Tracy Uttley Wed, Nov 20th 5:30 - 7_{PM PST}

Learn tangible ways to use every experience that you have to lift yourself, learn and grow.

Register Here: msia.org/info/tele30

Questions? Contact Debbie at 323-737-4055, x1179 DebbieRoth@msia.org

Offered via the telephone and Skype (audio only).

Now with easy to use dial in features for international participants! More info at: msia.org/info/international

> Free and Open to All. Pre-registration required.



Mark Your Calendars! Two-Part "The Power of Intention" Line-Up Coming in January!

Russell Bishop & Martha Boston

Weds, Jan 15 & Feb 12 5:30 - 7pm PST

Register Here: www.msia.org/info/tele31 **Come to one or come to both**



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IHOP2:

The Nine Transformations (a NEW 9-month program)





Facilitated by Paul Kaye, DSS & Dr. Mark Holmes, OMD

What would be your experience if your relationship with your health, abundance and prosperity is transformed?

What if this transformation was multidimensional physically, imaginatively, emotionally, mentally and unconsciously?

How would life be if your heart, mind, and body were working harmoniously together with your Soul?

Experience and apply the ancient, spiritual teachings on health coupled with the very latest scientific discoveries on the energy systems of the body.

Times:

March 15-16

Saturday 9am-7pm; Sunday 9am-6pm (Pacific Time)

October 12-13, 2013 April 5-6 November 16-17 May 10-11 January 18-19, 2014 June 14-15 **July 19-20** February 15-16

Location:

PAL&G, 3500 West Adams. Blvd., Los Angeles

AND Live Online in English with **Spanish Translation**

Tuition:

\$200/month: Online cost, if 6-month IHOP-1 completed

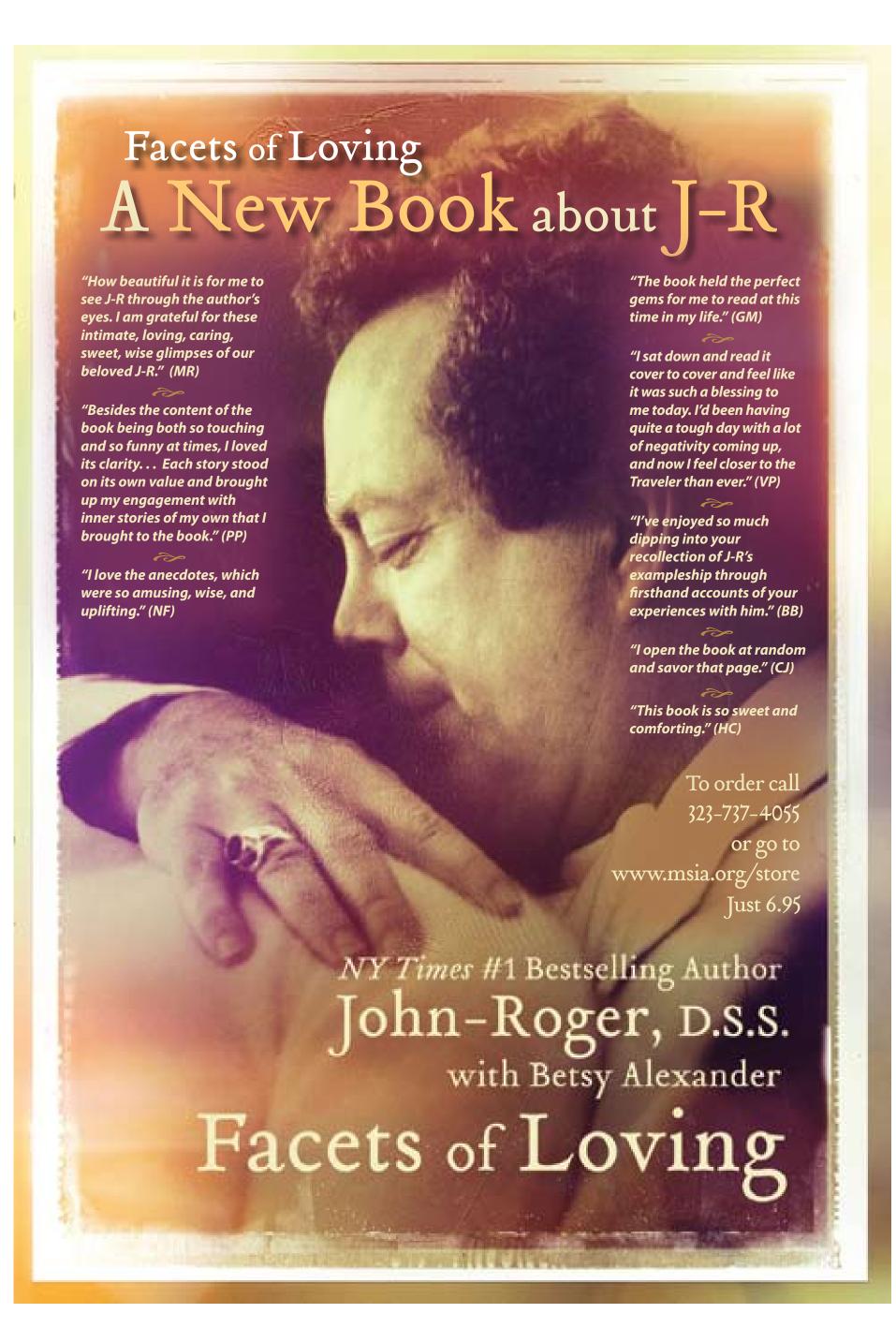
\$250/month: Online cost, if 1st time IHOP participant

If taking class at Prana, there is an additional charge of \$25 for the weekend to cover the delicious and nutritious lunches

Prerequisite: Active subscription to Discourses or SATs

For information on these classes: Elissa Giges, PTS Director of Graduate Studies elissa@pts.org (323) 328-1940 registrar@pts.org

"Assume that you are healthy, assume that you are awake, assume that you are divine, assume that you have abundance. God didn't put us on Earth and say, 'Beg.' He said, 'All I've got is yours.'" —John-Roger, DSS





MSIA Baptisms Around the World

by Marjorie Eaton



Jennifer Jacobs the baptizer. Margaret Jacobs, her mother, Kristin Dehaan, Jennifer's daughter



MSIA baptisms are very sacred experiences. During the baptism karma can be cleared from many lifetimes and various realms. At completion, a 2012], is baptizing Owabie guardian angel is placed with the person being baptized. in these pictures. Baptisms are done in a body of water, such as a lake, a river, a large pond, or swimming pools. Sometimes candles are lit, or sacred music played, loved ones bring flowers, and sometimes the occasions are celebrated with a party!

If you have already read your 7th discourse, you are eligible to apply for baptism in the Church of MSIA. Just send your request to MSIA - by pouring abundantly. The email eaton@msia.org or write to MSIA at PO Box 513935, line. Fountains cleansed our Los Angeles, CA 90051.

We are honored to share a few of these sacred baptism occasions with you, from this summer.

Pictures from Adelaide, **South Australia** - There are 4 generations in the same family: Jennifer Jacobs baptized her mom, Margaret Jacobs, and her daughter, Kristin Dehaan on June 7, 2013. Jennifer writes: "Kristin found out she was pregnant just before the baptism, so we're looking at 4 generations in these baptism photos!"

Pictures from Port Harcourt, Rivers State - Nigeria. Alaska Judy Pendleton bap-Prince Owahu, [who received Minister of the Year award for Ankorage, Alaska on August Clement on Sunday, July 28th riences:

ermere - Santa Barbara, CA. Kay Turbak baptized Javier through my right arm and dunk-Eduardo Vera in the Windermere pond on 7/19/13. Javier shares: "Before completion of the ceremony Kay, in this way." my baptizer and I planted Light columns with every step we took around the main pond. We opened our hearts have I ever really felt moved to the blessings that were water was warm and crystalhands before we dipped into

Pictures from **Ankorage**, tized Anglea Chambers in 10th. They share their expe-

Judy: "Spirit took charge. I was Pictures from **Wind-** awed by the power I experienced, power beyond my own, going ing Angela most completely and thoroughly under the water. I am blessed to have been able to serve

> Angela: "I have never felt anything during any initiation, nor any service or seminar. Nor right away—always just a change noticed over time. I only felt an internal need to be baptized. Not a desire, but a need. This is the first time I can say I felt completely moved. I felt the water rush through me, shocking my entire body, and came away with a feeling of complete dedication to God.'





ONLINE & OTHER WORLDWIDE EVENTS

FOR LATEST SCHEDULE OF **BROADCASTED EVENTS**

Check **regularly** at: www.msia.org/broadcasts

YOUR GO TO BROADCAST WEBPAGE TO

- 1) Get the most *up to date* schedule
- 2) Watch event re-runs
- 3) Get tips

Because many events are finalized after the New Day Herald goes to print, it's best to check this webpage regularly!

> Questions? msiaonline1@gmail.com

ONLINE

♦ MSIA Q&A for Discourse Subscribers with John Morton in Buenos Aires, Argentina + Broadcast Live!

Wed, Nov 13 Recoleta, Buenos Aires, Argentina

♦ IHOP-2: The Nine Transformations - A new 9-month PTS Intention, Health, Openness, and Prosperity Program, Facilitated by Paul Kaye, DSS & Dr. Mark Holmes, OMD ONLINE & In person: Los Angeles, CA

Time: Saturday 9:00 AM- 7:00 PM Sunday 9:00 AM- 6:00 PM 2013: Sat., Nov. 16 - Sun., Nov. 17 2014: Sat., Jan. 18 – Sun., Jan. 19 Sat., Feb. 15 - Sun., Feb. 16 Sat., Mar. 15 - Sun., Mar. 16 Sat., Apr. 5 - Sun., Apr. 6 Sat., May 10 - Sun., May 11 Sat., Jun. 14 – Sun., Jun. 15 Sat., Jul. 19 – Sun., Jul. 20



♦MSIA Event for Discourse Subscribers with John Morton in Belo Horizante, Brazil + Broadcast Live!

Sat, Nov 16 Belo Horizonte-Minas Gerais, Brazil

- ♦ Using Everything for Your Upliftment Tele-Workshop Nov 20, 2013
- **♦**MSIA Los Angeles Ministers Mtg

Time: 9:00 AM-11:00 AM Pacific Time

2014: Jan 26, Feb 23, March 23, Apr 27, May 25, June = No Mtg, July 27, Aug 24, Sept 28, Oct 26, Nov 23, Dec 28 Location: 2101 Wilshire Bldg, 2101 Wilshire Blvd, Santa Monica, CA 90403

To attend any LA Ministers Meeting in person and online: You must be an ordained minister in MSIA in good standing with a current MSIA Discourse/SAT subscription.

- ♦ IIWP Peace Prayer November 28 January 6 Thu, Nov 28 to Mon, Jan 6
- ◆ Peacemaker Meeting Europe Via Skype Dec 2013
- ◆ Open MSIA Seminar with John Morton in San Francisco + Broadcast Live Online!

Sat, Dec 14 San Francisco, California

- ♦ Living In Grace 2013 Broadcast Live Online! Mon, Dec 16 to Sun, Dec 22
- ♦ An MSIA Family Christmas Eve Webcast Tue, Dec 24 Santa Monica, CA
- ◆ New Year's Eve Sacred Tones with Paul Kaye Live In Person at PAL&G + Broadcast Live Online 2013

Tue, Dec 31 Los Angeles, CA

- ♦ New Year's Resolution Spiritual Spa Morning with John Morton Live In Person at PALC + Broadcast Live Online 2014 Sat, Jan 4 Los Angeles, CA
- ♦ The Power of Intention Tele-Workshop Part 1 & 2 Part 1: Wed, Ian 15, 2014





PRESENTED BY INSIGHT SEMINARS

The Depth of Authentic Loving: A Day of Sharing from the Spiritual Heart with John Morton & Michael Hayes

When: Saturday, February 8, 2014 **Time:** Begins at 11:00 am

2101 Wilshire Blvd.,

Santa Monica, CA

Gourmet Dinner Included:

7:00 pm at the Melisse in Santa Monica, CA

\$1500 per person

Event is limited to 20 people

Join us for a day of personal transformation with

two extraordinary facilitators of the heart. No processes – just sharing. Here is your opportunity to ask those important questions, focus on your spiritual heart — and do deep intimate work.

To register, or for more information please contact

Vanessa Christopher at 1.800.311.8001 ext. 107 or Vanessa@insightseminars.org. This is a special fund raising event. Proceeds go to Insight Seminars.



LOS ANGELES AREA REPEATING EVENTS

PEACE AWARENESS LABYRINTH & **CARDENS SUNDAY VISITS, TOURS & LABYRINTH WALKS - EVERY SUNDAY**

Date: Every week on Sunday Time: 12:00 PM- 4:00 PM

Location: Peace Awareness Labyrinth & Gardens, 3500 West Adams Blvd., Los Angeles, CA, USA

Cost: Visits & Tours: Free (donations accepted) Organic Teas & fruit: \$1

Prerequisites: Open to all - no prerequisites

Registration: No registration required. Contact Info: For more information contact the PALG

Registrar: 323.737.4055 OR Registrar@peacelabyrinth.org Sponsored By: MSIA PAL&G

SACRED TONES MEDITATION EVENING -**LOS ANGELES - EVERY MONDAY**

Date: Every week on Monday Time: 7:30 PM- 9:00 PM

Location: Peace Awareness Labyrinth & Gardens, 3500 West

Adams Blvd., Los Angeles, CA, USA Donation: Free (donations welcome)

Prerequisites: Open to all - no prerequisites Registration: No registration required.

Contact Info: For more information contact the PALG Registrar: registrar@peacelabyrinth.org or 323-737-4055

Sponsored By: MSIA PAL&G PTS

PEACE AWARENESS LABYRINTH & **CARDENS WEEKDAY VISITS, TOURS &**

LABYRINTH WALKS - EVERY TUES-FRIDAY Date: Every week on Tuesday, Wednesday, Thursday, Friday

Time: 11:00 AM- 3:00 PM Location: Peace Awareness Labyrinth & Gardens, 3500 West Adams Blvd., Los Angeles, CA, USA

Cost: Visits & Tours: Free (donations accepted) Buffet

Dinner: \$12 Organic Teas & fruit: \$1 Prerequisites: Open to all - no prerequisites Registration: No registration required.

Contact Info: For more information contact the PALG

Registrar: 323.737.4055 OR Registrar@peacelabyrinth.org Sponsored By: MSIA PAL&G

MSIA LOS ANGELES MINISTERS MTG 2013

Date: Dec 29

Time: 9:00 AM-11:00 AM Location: 2101 Wilshire Building, 2101 Wilshire Blvd, Santa Monica, CA 90403, USA

Prerequisites: Must be an ordained minister in MSIA in good standing with a current MSIA Discourse/SAT subscription to attend online or in person.

Contact Info: Genie Ford at MSIA (323) 737-4055 Sponsored By: MSIA

JOHN-ROGER VIDEO SEMINARS AT 2101

Date: See below list Time: 7:30 PM- 9:00 PM

Location: 2101 Wilshire Blvd, Santa Monica, CA 90403 Cost: Free, donations welcome.

Prerequisites: None

Contact Info: PTS at registrar@pts.org

Nov 12 Factors Causing Disease and Promoting

Nov 19 Health is Loving Who You Really Are

Nov 26 Sacred Tone

Dec 03 Guidelines In Dealing With People

Dec 10 Hold the Image of Completion Dec 17 Relax and Enjoy Here and Now

Sponsored By: PTS

SOUL DANCE - PRANA 2014

Date: Every month on Thursday in week 1 Exceptions: 2nd Wed in July (July 10), No class Dec Time: 7:30 PM- 9:00 PM

Location: PALG, 3500 West Adams Blvd., Los Angeles, CA

Cost: Free of charge (Donations welcome) Prerequisites: Open to all - no prerequisites

Registration: For information, visit www.SoulDanceLA.com or call the PALG Registrar at 323.737.4055 ext 1130

Sponsored By: PTS

A SATURDAY AFTERNOON AT THE LABYRINTH (2ND SAT. OF THE MO. 2013

Date: Dec 29, Dec 6, Dec 13, Dec 20, Dec 27, Dec 14 Time: 12:00 PM- 4:00 PM

Location: Peace Awareness Labyrinth & Gardens, 3500 West Adams Blvd., Los Angeles, CA, USA

Cost: Free of charge (donations welcome) Prerequisites: Open to all - no prerequisites

Registration: No registration needed. Contact Info: PALG Registrar: 323.737.4055 OR

Registrar@peacelabyrinth.org Sponsored By: MSIA PAL&G

SOUL DANCE - SANTA MONICA 2014

Date: 2nd Wed of each month Exceptions: 5th Wed in July (July 30). No class Dec

Time: 7:30 PM- 9:00 PM Location: The University of Santa Monica Building

2101 Wilshire Blvd, Santa Monica, CA 90403, USA **Cost:** Free of charge (Donations welcome) Prerequisites: Open to all - no prerequisites

Registration: For information, visit www.SoulDanceLA.com or call the PALG Registrar at 323.737.4055 ext 1130

Sponsored By: PTS

JOHN-ROGER AND JOHN MORTON VIDEO **SEMINARS**

Date: Every Friday Time: 7:30 PM - 9:00 PM

Location: Peace Awareness Labyrinth & Gardens, 3500 West Adams Blvd., Los Angeles, CA 90018

Fee: Free (donations welcome). Light Refreshments Served. Prerequisites: None, open to everyone Contact: For information, contact the PALG Registrar at

323-737-4055 ext 1130; or Registrar@peacelabyrinth.org Nov 15 – The Attitude of Gratitude

Nov 22 – First Blessings

Nov 29 – TBD

Dec 6 - Practical, Workable Spirituality

Dec 13 - Forgiveness through the Christ Dec 20 - Sharing this Holy Night

Dec 27 – Sharing with J-R from Living in Grace

IHOP-2: THE NINE TRANSFORMATIONS
- A NEW 9-MONTH PTS INTENTION, **HEALTH, OPENNESS, AND PROSPERITY** PROGRAM, FACILITATED BY PAUL KAYE, DSS & DR. MARK HOLMES, OMD

Dates: Sat., Nov. 16 – Sun., Nov. 17

Sat., Jan. 18 – Sun., Jan. 19

Sat., Feb. 15 - Sun., Feb. 16

Sat., Mar. 15 – Sun., Mar. 16

Sat., Apr. 5 – Sun., Apr. 6 Sat., May 10 - Sun., May 11

Sat., Jun. 14 – Sun., Jun. 15 Sat., Jul. 19 – Sun., Jul. 20

Time: Saturday 9:00 AM - 7:00 PM

Sunday 9:00 AM – 6:00 PM Location: Peace Awareness Labyrinth and Gardens & Broadcast Live Online, 3500 W Adams Blvd., Los Angeles, CA 90018, USA

Tuition: First time IHOP Participant: • Online Tuition: \$250 per weekend • In-Person Tuition: \$275 per weekend If you have completed IHOP 1: • Online Tuition: \$200 per weekend • In-Person Tuition: \$225 per weekend All 9 classes are to be paid whether attending or not. If you are currently paying for MSS/DSS classes: • On Line Tuition: \$100 per weekend • In Person Tuition: \$125 per weekend Payment in

full is due two weeks prior to class weekend. Prerequisites: Active subscription to MSIA Soul Awareness Discourses, or SATs if Discourses completed.

Contact Info: Contact: Elissa Giges (323) 328-1940 or Danielle Peterson (323) 328-1958

Sponsored By: PTS

MSIA LOS ANCELES MINISTERS MTC Dates: 2013: Nov 24, Dec 29 2014: Jan 26, Feb 23,

March 23, Apr 27, May 25, June = No Mtg, July 27, Aug 24, Sept 28, Oct 26, Nov 23, Dec 28 Time: 9:00 AM-11:00 AM Pacific Time

Location: 2101 Wilshire Building, 2101 Wilshire Blvd, Santa Monica, CA 90403

Prerequisites: Must be an ordained minister in MSIA in good standing with a current MSIA Discourse/SAT subscription to attend online or in person.

Contact Info: Genie Ford at MSIA (323) 737-4055 Sponsored By: MSIA

Next year's Conference will be the

CONFERENCE OF Soul Transcendence

July 2 - 6, 2014

Save these dates!

EVENTS

NOVEMBER 2013

LIVING THE SPIRITUAL PRINCIPLES OF **ABUNDANCE AND PROSPERITY, BUENOS** AIRES, ARGENTINA WITH JOHN MORTON

Date: Tue., Nov. 12

Time: 8:00 PM-10:00 PM ART

Location: Loi Suites Recoleta Hotel, Vicente López 1955, Ciudad Autónoma de Buenos Aires, Argentina

Prerequisites: None, open to the public! Registration: To register please see event contact info.

Contact Info: Event contacts: Pablo Balbuena, Argentina PTS Rep: *(+54 9 11) 6822 7073 or call

*ptsargentina@gmail.com or contact Juan Balbuena,

Argentina MSIA Rep: *(+54 9 11)4411 *msiadeargentina@gmail.com

Sponsored By: MSIA PTS

INSIGHT II: THE OPENING HEART SEMINAR

Date: Wed., Nov. 13 - Sun., Nov. 17

Time: 11:00 AM- 9:00 PM

Location: Brossman Center, 7301 Germantown Avenue, Philadelphia, PA 19119

Tuition: \$1295 Standard Tuition; \$695 to Audit

Prerequisites: Insight I

Registration: For more information or to register, please go

to www.insightseminars.org or contact Diana Heil at 800-311-8001 ext 110.

Sponsored By: Insight Seminars

MSIA O&A FOR DISCOURSE SUBSCRIBERS WITH JOHN MORTON IN BUENOS AIRES, ARGENTINA + **BROADCAST LIVE!**

Date: Wed., Nov. 13

Time: 7:30 PM-9:30 PM ART

Location: Loi Suites Recoleta (& Online), Hotel phone: 5777 - 8950, Vincente Lopez 1955, Recoleta, Buenos Aires Cost: InPerson Cost: \$25 USD | Broadcast Cost: \$10 USD for Individual Event -OR- \$30 USD - for Online Package of all 4 JM Discourse Seminars in South America 2013. Prerequisites: Must be an active MSIA Soul Awareness

Discourse Subscriber to attend this event.

Registration: InPerson Event: Register at the door. Broadcast Viewing: http://jmsouthamerica2013.eventbrite.com. Contact Info: InPerson Help Contact - Juan Balbuena: juanbalbuena@hotmail.com OR (011)54 114 433 4619. Broadcast Viewing Help email: msiaonline1@gmail.com. Sponsored By: MSIA

JOHN-ROGER VIDEO SEMINAR: THE ATTITUDE OF GRATITUDE

Date: Fri., Nov. 15 Time: 7:30 PM- 9:00 PM

Location: Peace Awareness Labyrinth & Gardens 3500 West Adams Blvd., Los Angeles, CA, USA

Cost: Free, donations welcome.

Prerequisites: None

Contact Info: 323-737-4055 or registrar@peacelabyrinth.org Sponsored By: MSIA PAL&G

LOVE IS IN THE AIR, OPEN WORKSHOP WITH JOHN MORTON IN BELO HORIZONTE, BRAZIL

Date: Fri., Nov. 15

Time: 8:00 PM-10:00 PM BRST

Location: Hotel Caezar Business, Av. Luiz Paulo Franco 421, Belvedere, Belo Horizonte, Minas Gerais, Brazil Cost: \$15

Prerequisites: None, open to the public!

Registration: Please contact the event coordinator at the number or email provided.

Contact Info: For more information, contact: Lana Barreira at (5521)8840-9547 or lanabla@me.com

Sponsored By: MSIA PTS

MSIA EVENT FOR DISCOURSE SUBSCRIBERS WITH JOHN MORTON IN BELO HORIZANTE, BRAZIL + BROADCAST LIVE!

Date: Sat., Nov. 16

Time: 8:00 PM-10:00 PM BRST

Location: Caesar Business Mercure Hotel (& Online), Av Luiz Paulo Franco 421- Belvedere, Belo Horizonte- Minas

Cost: InPerson Cost: \$25 USD | Broadcast Cost: \$10 USD - for Individual Event -OR- \$30 USD for Online Package of all 4 JM Discourse Seminars in South America 2013.

Prerequisites: Must be an active MSIA Soul Awareness

Discourse Subscriber to attend this event.

Registration: InPerson Event: Register at the door. Broadcast Viewing: http://jmsouthamerica2013.eventbrite.com. Contact Info: InPerson Help Contact - Lana Barreira: zmvidal@yahoo.com.br OR (011) 55 212 267 9547 Broadcast Viewing Help Email: msiaonline1@gmail.com.

Sponsored By: MSIA

USING EVERYTHING FOR YOUR UPLIFTMENT TELE-WORKSHOP - NOV 20

Date: Wed., Nov. 20

Time: 5:30 PM- 7:00 PM PST Location: Worldwide Tele-Workshop

Registration: Pre-registration required here:

msia.org/info/tele30 Contact Info: Debbie Roth at

DebbieRoth@msia.org or 323-737-4055, x1179

Sponsored By: MSIA

JOHN-ROCER VIDEO SEMINAR: FIRST BLESSINGS

Date: Fri., Nov. 22

Time: 7:30 PM- 9:00 PM

Location: Peace Awareness Labyrinth & Gardens, 3500 West Adams Blvd., Los Angeles, CA

Cost: Free, donations welcome.

Prerequisites: None

Contact Info: 323-737-4055 or registrar@peacelabyrinth.org Sponsored By: MSIA PAL&G

FINDING PEACE IN TODAY'S WORLD **WORKSHOP - NIGERIA NOV 2013**

Date: Sat., Nov. 23

Time: 10:00 AM- 1:00 PM

Location: Omoku MSIA Worship Center, Omoku, Rivers

State, Rivers State, Nigeria **Cost:** Free (donations welcome)

Prerequisites: None. Open to all.

Contact Info: Prince Iwuoha at iwprince@yahoo.com Sponsored By: IIWP MSIA

PEACEMAKER MEETING - BOSTON NOV

Date: Sat., Nov. 23 Time: 2:00 PM- 4:00 PM

Location: Boston, MA

Cost: Free (donations welcome) Prerequisites: None. Open to all.

Contact Info: David Jenkins at 781-789-8745 or

david@davidjenkinsconsulting.com

Sponsored By: IIWP

TEEN INSIGHT TALENT SHOW FUNDRAISER

Date: Sat., Nov. 23

Time: 7:00 PM-10:00 PM Location: The University of Santa Monica Building, 2101

Wilshire Blvd, Santa Monica, CA 90403

Tuition: \$25 per person for in person or online viewing Registration: To purchase tickets or donate go to

www.insightseminars.org

Sponsored By: Insight Seminars

Contact Info: Rachael Jayne, Director of Youth Programs Insight Seminars at youth@insightseminars.org or 1.800.311.8001 ext. 223.

MSIA LOS ANCELES MINISTERS MEETINC -- 2013: NOVEMBER MEETING

Date: Sun., Nov. 24 Time: 9:00 AM-11:00 AM

Location: 2101 Wilshire Building, 2101 Wilshire Blvd,

Santa Monica, CA 90403

Prerequisites: Must be an ordained minister in MSIA in good standing with a current MSIA Discourse/SAT subscription to attend online or in person.

Contact Info: Genie Ford at MSIA (323) 737-4055 Sponsored By: MSIA

PEACEMAKER MEETING - CHICAGO NOV

Date: Sun., Nov. 24 Time: 3:00 PM- 4:30 PM

Location: Home of Donna Karm, Chicago, Illinois **Cost:** Free (donations welcome)

Prerequisites: None. Open to all.

Contact Info: Rebecca Bloomfield at beccabloom@aol.com Sponsored By: IIWP

IIWP PEACE PRAYER NOV 28 - JAN 6

Date: Thu., Nov. 28 – Mon., Jan. 6 Location: Worldwide email class

Registration: Subscribe to the next round of

Worldwide Peace Prayers at:

http://www.iiwp.org/subscribe_peaceprayer.html Sponsored By: IIWP

OLD-FASHIONED THANKSCIVING DINNER AT PRANA 2013

Date: Thu., Nov. 28

Time: 1:00 PM- 5:00 PM

Location: Peace Awareness Labyrinth & Gardens, 3500 West Adams Blvd., Los Angeles, CA

Cost: \$45 - Adults & teens 13-18; \$25 - Seniors ages 70 yrs & over; \$25 - Children ages 8-12 yrs; Free - children ages 7 & under

Cancellation: No Cancellations for Registrations after Nov. 25 Prerequisites: Open to MSIA community, family and friends

Registration: 1) Online via Eventbrite 2) Email Registrar@peacelabyrinth.org (do not send credit card payment via email however; 3) Call 323.737.4055 x1137. Pre-Register by: November 25th. After November 25th - register at the door. Pre-Registration is strongly encouraged & appreciated. Thank you!

Contact Info: PALG Registrar 323-737-4055 ext 1137 or Registrar@peacelabyrinth.org

Sponsored By: MSIA PAL&G

JOHN-ROCER VIDEO SEMINAR: TBD

Date: Fri., Nov. 29

Time: 7:30 PM- 9:00 PM

Location: Peace Awareness Labyrinth & Gardens, 3500 West Adams Blvd., Los Angeles, CA, USA

Cost: Free, donations welcome. Prerequisites: None

Contact Info: 323-737-4055 or registrar@peacelabyrinth.org Sponsored By: MSIA PAL&G

MANIFESTING THE CHRISTED CONSCIOUSNESS IN PORT HARTCOURT, **NIGERIA**

Date: Sat., Nov. 30

Time: 9:00 AM- 4:00 PM Location: Port Harcourt, Rivers State, Nigeria,

Tuition: 500 nairas

Prerequisites: Active subscription to MSIA Soul Awareness Discourses or SATs (if 12 years of Discourses completed) Contact Info: To register please contact Prince Iwuoha at iwprince@yahoo.com, or call +2348036723122 Sponsored By: PTS

EVENTS

DECEMBER 2013

PEACEMAKER MEETING - EUROPE VIA SKYPE DEC 2013

Date: Wed., Dec. 4

Time: 8:00 PM- 9:30 PM GMT

Location: Skype Format - Europe and Worldwide

Cost: Free (donations welcome)

Prerequisites: None. Open to all. Registration: Registration required to participate by

emailing Sherain. Contact Info: Sherain Messenger at sherainv@gmail.com.

Sponsored By: IIWP

JOHN-ROGER VIDEO SEMINAR: PRACTICAL, WORKABLE SPIRITUALITY

Date: Fri., Dec. 6

Time: 7:30 PM- 9:00 PM

Location: Peace Awareness Labyrinth & Gardens, 3500 West Adams Blvd., Los Angeles, CA, USA

Cost: Free, donations welcome.

Prerequisites: None Contact Info: 323-737-4055 or registrar@peacelabyrinth.org Sponsored By: MSIA PAL&G

IIWP PEACEMAKER MEETING - NJ DEC

Date: Sat., Dec. 7

Time: 1:00 PM- 2:30 PM EST

Location: Home of Victor and Lisa Arencibia, Branchburg, New Jersey

Cost: Free (donations welcome).

Prerequisites: None, open to everyone. Registration: Registration not available online. For more information and to register, contact Lin Mogitz at

linmogitz@gmail.com Sponsored By: IIWP MSIA

DEC 7, 2013 Date: Sat., Dec. 7

Time: 2:00 PM- 5:00 PM Location: Peace Awareness Labyrinth & Gardens, 3500 West

CHILDREN'S CHRISTMAS AT PRANA

Adams Blvd., Los Angeles, CA, USA

Cost: Free Contact Info: Elizabeth Spanton at 323-737-4055

Sponsored By: PAL&G

J-R MARATHON ***Date & Details Change From Last

Date & Time: Thursday, December 12, 9AM - 2PM

Location: The Castro Theatre 429 Castro Street San Francisco CA 94114

No registration or reserved seating. First come, first served.

More Info: call Zoe 323-328-1927, email zoe@msia.org

FACETS OF LOVING - WORKSHOP & **BOOKSIGNING WITH JOHN-ROGER*** PAUL KAYE & JSU GARCIA

***Date & Details Change From Last

Date & Time: Thursday, December 12, 2:30PM - 5:30PM **Location:** The Castro Theatre

429 Castro Street San Francisco CA 94114 Cost: \$25 in person, \$15 online

Edition***

MYSTICAL TRAVELER MOVIE SAN FRANCISCO PREMIERE ***Date & Details Change From Last

Tickets & Info: call Zoe 323-328-1927, email zoe@msia.org

Location: The Castro Theatre 429 Castro Street San Francisco CA 94114 No registration or reserved seating. First come, first served.

Date & Time: Thursday, December 12, 7:30PM

More Info: call Zoe 323-328-1927, email zoe@msia.org

JOHN-ROGER VIDEO SEMINAR: FORGIVENESS THROUGH THE CHRIST

Date: Fri., Dec. 13

Time: 7:30 PM- 9:00 PM

Location: Peace Awareness Labyrinth & Gardens, 3500 West Adams Blvd., Los Angeles, CA, USA

Cost: Free, donations welcome.

Prerequisites: None

Contact Info: 323-737-4055 or registrar@peacelabyrinth.org **Sponsored By:** MSIA PAL&G

THE CRACE AND THE BELOVED **PUBLIC WORKSHOP**

Date: Sat., Dec. 14

Time: 10:00 AM- 4:00 PM PST

Location: Peace Awareness Labyrinth & Gardens, 3500 West

Adams Blvd., Los Angeles, CA, USA Tuition: \$50 USD. Includes lunch!

Prerequisites: None, open to the public!

Registration: To register - contact the organizer or register at the door. Contact Info: For more information, contact: Antonietta

Schulz, Coordinator of PTS Undergraduate Studies at: *Phone: 323-328-1948 *Email: antonietta@pts.org

A SATURDAY AFTERNOON AT THE LABYRINTH (2ND SAT. OF THE MO. IN 2013)

Date: Sat., Dec. 14

Sponsored By: PTS

Time: 12:00 PM- 4:00 PM Location: Peace Awareness Labyrinth & Gardens, 3500 West

Adams Blvd., Los Angeles, CA, USA Cost: Free of charge (donations welcome)

Prerequisites: Open to all - no prerequisites Registration: No registration needed. Contact Info: PALG Registrar: 323.737.4055 OR

Sponsored By: MSIA PAL&G **OPEN MSIA SEMINAR WITH JOHN MORTON IN SAN FRANCISCO +**

BROADCAST LIVE ONLINE!

Registrar@peacelabyrinth.org

Date: Sat., Dec. 14 Time: 4:30 PM- 6:30 PM PST (UTC/GMT - 8 hours) Location: San Francisco Marriott Fisherman's Wharf, 415-775-7555, 1250 Columbus Avenue, San Francisco,

California 91433, USA Cost: InPerson Cost: \$15 | Broadcast Cost: Free of Charge.

Prerequisites: Open to all - no prerequisites. **Registration:** InPerson Event:

http://2013-12-15jmqanda.eventbrite.com -OR- Register at the door. Broadcast Event: No registration needed. To watch the broadcast: http://www.livestream.com/msia.

Contact Info: InPerson Event - Ken Walsh:

kewa343@gmail.com. Broadcast Event - Email: msiaonline1@gmail.com.

Sponsored By: MSIA **Q&A FOR MINISTERS & INITIATES WITH**

JOHN MORTON IN SAN FRANCISCO, CA Date: Sun., Dec. 15 Time: 11:00 AM- 1:00 PM

415-775-7555, 1250 Columbus Avenue, San Francisco, California 91433, USA

Sponsored By: MSIA

Cost: \$25 Prerequisites: Must be an active ordained Minister and an active Initiate in MSIA and current on MSIA Soul

Location: San Francisco Marriott Fisherman's Wharf,

Awareness Discourses. **Registration:** Register at the door. Contact Info: Ken Walsh: kewa343@gmail.com.

LIVING IN GRACE 2013 - PACIFIC GROVE, CA

Date: Mon., Dec. 16 – Sun., Dec. 22

Tuition: \$1,590

Cancellation: For Cancellations after Sep 4th, \$300* is non-

refundable but transferable. For cancellations after noon on Wednesday, Dec 4 the full tuition is non-refundable and non-transferable. *Amount is transferable to another person or a scheduled PTS event. No shows (cancellations without notifying PTS office before the day of event) are nonrefund-

able and nontransferable. Prerequisites: Active subscription to MSIA Soul Awareness Discourses or SATs (if 12 years of Discourses completed); completion of PATs 1, 2 & 3; completion of

MSIA aura balances 1, 2 & 3 Registration: Registrants must complete an application for LIG 2013. Applications and housing forms are available online at www.msia.org/Event/detail/1685. Please call PTS

at 323-737-4055 if you have registration questions. Sponsored By: PTS

LIVING IN GRACE 2013 BROADCAST LIVE ONLINE! Date: Mon., Dec. 16 – Sun., Dec. 22

Tuition: Online Cost \$750.00 Registration: Registrants must complete an application for

LIG 2013. Applications are available online at www.msia.org/Event/detail/1663. Please call PTS at 323-737-4055 if you have registration questions.

323-328-1958 or dpeterson@pts.org Broadcast Contact: Julie Lurie: livingingrace1@gmail.com

Contact Info: Registration Contact: Danielle Peterson

JOHN-ROGER VIDEO SEMINAR: SHARING THIS HOLY NIGHT

Adams Blvd., Los Angeles, CA, USA

Cost: Free, donations welcome.

Sponsored By: PTS

Date: Fri., Dec. 20

Time: 7:00 PM- 9:00 PM Location: Peace Awareness Labyrinth & Gardens, 3500 West

Prerequisites: None Contact Info: 323-737-4055 or registrar@peacelabyrinth.org

Sponsored By: MSIA PAL&G **MSIA FAMILY CHRISTMAS EVE WEBCAST**

Date: Tue., Dec. 24 Time: 3:00 PM- 4:30 PM Pacific Standard Time

Location: 2101 Wilshire Blvd, Santa Monica, CA 90403 and Live Online at www.msia.org/live Cost: Adults \$15; Children 13-17 \$8; Children 12 and under - free. No cost to participate online (donations welcomed).

Registration: No pre-registration - register at the door. Registration opens at 1:00 pm. No registration needed to participate online.

Prerequisites: Open to our MSIA community, family and friends

Sponsored By: MSIA **TEEN INSIGHT I: THE AWAKENING HEART**

Contact Info: antonietta@pts.org or call 323-737-1534

SEMINAR Date: Fri., Dec. 27 – Mon., Dec. 30

Time: 2:00 PM- 8:00 PM Location: The University of Santa Monica Building, 2101 Wilshire Blvd, Santa Monica, CA 90403, USA

Tuition: \$525 \$425 if paid 30 days in advance \$100 audit fee Registration: To register go to www.insightseminars.org Contact Info: Rachael Jayne, Director of Youth Programs, Insight Seminars at youth@insightseminars.org

Sponsored By: Insight Seminars **JOHN-ROGER VIDEO SEMINAR: SHARING** WITH J-R FROM LIVING IN GRACE RETREAT

Date: Fri., Dec. 27 Time: 7:30 PM- 9:00 PM

or 1.800.311.8001 ext. 223

Location: Peace Awareness Labyrinth & Gardens, 3500 West Adams Blvd., Los Angeles, CA

Cost: Free, donations welcome. Prerequisites: None

Contact Info: 323-737-4055 or registrar@peacelabyrinth.org Sponsored By: MSIA PAL&G

EVENTS

MSIA LOS ANCELES MINISTERS MEETINC

Date: Sun., Dec. 29

Time: 9:00 AM-11:00 AM

Location: 2101 Wilshire Building, 2101 Wilshire Blvd, Santa Monica, CA 90403, USA

Prerequisites: Must be an ordained minister in MSIA in good standing with a current MSIA Discourse/SAT subscription to attend online or in person.

Contact Info: Genie Ford at MSIA (323) 737-4055 Sponsored By: MSIA

PEACEMAKER MTG - WINDERMERE DEC

Date: Sun., Dec. 29

Time: 10:30 AM-12:00 PM

Location: Windermere Ranch, Santa Barbara, CA, USA

Cost: Free (donations welcome) Prerequisites: None. Open to all.

Contact Info: For more information, directions to Windermere, and to RSVP, contact Kay Turbak at

k.turbak@verizon.net or 805-245-2902. Sponsored By: IIWP MSIA

PEACEMAKER MEETING - CHICAGO DEC

Date: Tue., Dec. 31

Time: 1:30 PM- 3:00 PM

Location: Home of Mary Shimandle, Chicago, Illinois

Cost: Free (donations welcome) Prerequisites: None. Open to all.

Contact Info: Rebecca Bloomfield at

beccabloom@aol.com Sponsored By: IIWP

NEW YEAR'S EVE SACRED TONES WITH PAUL KAYE - LIVE IN PERSON AT PAL&G + **BROADCAST LIVE ONLINE 2013**

Date: Tue., Dec. 31

Time: 8:00 PM-10:00 PM PST

Location: Peace Awareness Labyrinth and Gardens & Broadcast Live Online, 3500 W Adams Blvd., Los Angeles,

Donation: Free of charge (with donations welcome) Prerequisites: Open to all - no prerequisites

Contact Info: For information contact the PALG Registrar 323.737.4055 ext 1137; or Registrar@peacelabyrinth.org Sponsored By: MSIA PAL&G

JANUARY 2014

NEW YEAR'S RESOLUTION SPIRITUAL SPA MORNING WITH JOHN MORTON - LIVE IN PERSON AT PALC + BROADCAST LIVE **ONLINE 2014**

Date: Sat., Jan. 4

Time: 10:00 AM-12:30 PM PST

Location: Peace Awareness Labyrinth and Gardens & Broadcast Live Online, 3500 W Adams Blvd., Los Angeles, CA 90018

Donation: \$20 - includes brunch

Prerequisites: Open to all - no prerequisites **Registration:** Pre-registration encouraged.

Contact Info: For information contact the PALG Registrar 323.737.4055 ext 1137; or Registrar@peacelabyrinth.org

Sponsored By: MSIA PAL&G

THE POWER OF INTENTION TELE-**WORKSHOP - PART I (JAN 15, 2014)**

Date: Wed., Jan. 15 Time: 5:30 PM- 7:00 PM PST Location: Worldwide Tele-Workshop **Registration:** Pre-registration required here: msia.org/info/tele31 Contact Info: Debbie Roth at

DebbieRoth@msia.org or 323-737-4055, x1179

Sponsored By: MSIA

MASTER'S PROGRAMS IN SPIRITUAL PSYCHOLOGY INFORMATION EVENING

Date: Wed., Jan. 22

Time: 7:15 PM- 9:30 PM

Location: USM, 2107 Wilshire Boulevard, Santa Monica, CA 90403, USA

Details: Free event open to the public for prospective 2014 students, current USM students, and USM graduates. Prerequisites: None

Registration: R.S.V.P. to USM 310-829-7402 or via www.UniversityOfSantaMonica.edu

Sponsored By: University of Santa Monica

MSIA LOS ANGELES MINISTERS MEETING

Date: Sun., Jan. 26

Time: 9:00 AM-11:00 AM Pacific Time Location: 2101 Wilshire Building, 2101 Wilshire Blvd, Santa Monica, CA 90403, USA

Prerequisites: Must be an ordained minister in MSIA in good standing with a current MSIA Discourse/SAT subscription to attend online or in person.

Contact Info: Genie Ford at MSIA (323) 737-4055 Sponsored By: MSIA

PEACEMAKER MEETING - CHICAGO JAN

Date: Sun., Jan. 26

Time: 3:00 PM- 4:30 PM

Sponsored By: IIWP

Location: Home of Rebecca Bloomfield, Chicago, Illinois

Cost: Free (donations welcome)

Prerequisites: None. Open to all. Contact Info: Rebecca Bloomfield at beccabloom@aol.com

INSIGHT I: THE AWAKENING HEART SEMINAR

Date: Fri., Jan. 31 – Sun., Feb. 2

Time: 10:00 AM- 9:00 PM Location: The University of Santa Monica Building, 2101 Wilshire Blvd, Santa Monica, CA 90403, USA

Tuition: Standard Tuition: \$695; \$595 if registered 30 days in advance; \$295 to audit (\$150 if you enroll one new person and FREE if you enroll two or more new people) Registration: Registration is available online at www.insight-

seminars.org or by calling 800.311.8001 ext. 110. **Contact Info:** For more information, contact Diana@insightseminars.org or 800.311.8001 ext. 110

Sponsored By: Insight Seminars

FEBRUARY 2014

INSIGHT: THE DEPTH OF AUTHENTIC LOVING

Date: Sat., Feb. 8

Time: 11:00 AM- 9:00 PM

Location: The University of Santa Monica Building, 2101 Wilshire Blvd, Santa Monica, CA 90403, USA

Tuition: \$1500 This is a special fundraising event. Proceeds go to Insight Seminars.

Contact Info: For more information, contact Vanessa at Vanessa@insightseminars.org or call 800.311.8001 ext. 107 **Sponsored** By: Insight Seminars

THE POWER OF INTENTION TELE-**WORKSHOP - PART 2 (FEB 12, 2014)**

Date: Wed., Feb. 12 Time: 5:30 PM- 7:00 PM PST Location: Worldwide Tele-Workshop **Registration:** Pre-registration required here: msia.org/info/tele32 Contact Info: Debbie Roth at DebbieRoth@msia.org or 323-737-4055, x1179

Sponsored By: MSIA

MSIA LOS ANGELES MINISTERS MEETING Date: Sun., Feb. 23

Time: 9:00 AM-11:00 AM Pacific Time

Location: 2101 Wilshire Building, 2101 Wilshire Blvd, Santa Monica, CA 90403, USA

Prerequisites: Must be an ordained minister in MSIA in good standing with a current MSIA Discourse/SAT subscription to attend online or in person.

Contact Info: Genie Ford at MSIA (323) 737-4055 Sponsored By: MSIA

MARCH 2014

CHILDREN'S INSIGHT

Date: Sat., Mar. 8 – Sun., Mar. 9 Time: 9:00 AM- 7:00 PM

Location: UCLA Sunset Canyon Recreation Center, 111 Easton Drive, Los Angeles, CA 90095, USA Tuition: Tuition: \$425. Early Registration Tuition: \$325

if paid in full by Feb. 8, 2014. Audit tuition: \$100 Prerequisites: Ages 6-9 and Parent Approval Contact Info: Rachael@insightseminars.org 1.800.311.8001 ext. 223

Sponsored By: Insight Seminars

MSIA LOS ANCELES MINISTERS MEETINC

Date: Sun., Mar. 23

Time: 9:00 AM-11:00 AM Pacific Time Location: 2101 Wilshire Building, 2101 Wilshire Blvd, Santa Monica, CA 90403, USA

Prerequisites: Must be an ordained minister in MSIA in good standing with a current MSIA Discourse/SAT subscription to attend online or in person.

Contact Info: Genie Ford at MSIA (323) 737-4055 Sponsored By: MSIA

APRIL 2014

MSIA LOS ANCELES MINISTERS MEETING

Date: Sun., Apr. 27

Time: 9:00 AM-11:00 AM Pacific Time Location: 2101 Wilshire Building, 2101 Wilshire Blvd, Santa Monica, CA 90403, USA

Prerequisites: Must be an ordained minister in MSIA in good standing with a current MSIA Discourse/SAT subscription to attend online or in person. Contact Info: Genie Ford at MSIA (323) 737-4055

Sponsored By: MSIA

MAY 2014

MSIA LOS ANCELES MINISTERS MEETINC

Date: Sun., May. 25

Time: 9:00 AM-11:00 AM Pacific Time Location: 2101 Wilshire Building, 2101 Wilshire Blvd, Santa Monica, CA 90403

Prerequisites: Must be an ordained minister in MSIA in good standing with a current MSIA Discourse/SAT subscription to attend online or in person.

Contact Info: Genie Ford at MSIA (323) 737-4055 Sponsored By: MSIA

JULY 2014

MSIA LOS ANGELES MINISTERS MEETING

Date: Sun., Jul. 27

Time: 9:00 AM-11:00 AM Pacific Time Location: 2101 Wilshire Building, 2101 Wilshire Blvd, Santa Monica, CA 90403

Prerequisites: Must be an ordained minister in MSIA in good standing with a current MSIA Discourse/SAT subscription to attend online or in person.

Contact Info: Genie Ford at MSIA (323) 737-4055 Sponsored By: MSIA

EVENTS — AT A GLANCE

AFRICA

♦ Finding Peace in Today's World Workshop - Nigeria Nov 2013

Sat, Nov 23 Omoku, Rivers State, Rivers State, Nigeria

♦ Manifesting the Christed **Consciousness in Port Hartcourt,** Nigeria

Sat, Nov 30 Port Harcourt, Rivers State, Nigeria

EUROPE

♦ Mystical Traveler San Francisco **Premiere**

Thu, Dec 12 San Francisco, CA

SOUTH AMERICA: ARGENTINA

◆ Living the Spiritual Principles of Abundance and Prosperity, **Buenos Aires, Argentina with John** Morton

Tue, Nov 12 Argentina

♦ MSIA Q&A for Discourse Subscribers with John Morton in Buenos Aires, Argentina + **Broadcast Live!**

> Wed, Nov 13 Recoleta, Buenos Aires, Argentina

SOUTH AMERICA: BRAZIL

♦ Love is in the Air, Open Workshop with John Morton in Belo Horizonte, Brazil

Fri, Nov 15 Belo Horizonte, Minas Gerais, Brazil

♦ MSIA Event for Discourse Subscribers with John Morton in Belo Horizante, Brazil + Broadcast Live!

Sat, Nov 16 Belo Horizonte- Minas Gerais, Brazil

USA: MIDWEST

♦ Peacemaker Meeting - Chicago Nov 2013

Sun, Nov 24 Chicago, Illinois

♦ Peacemaker Meeting - Chicago **Dec 2013** Tue, Dec 31 Chicago, Illinois

◆ Peacemaker Meeting - Chicago

Sun, Jan 26 Chicago, Illinois

USA: NORTHEAST

♦ Insight II: The Opening Heart Seminar

Wed, Nov 13 to Sun, Nov 17 Philadelphia, PA

♦ Peacemaker Meeting - Boston Nov 2013 Sat, Nov 23

🗣 IIWP Peacemaker Meeting - NJ

Dec 2013

USA: NORTHERN CALIFORNIA

Sat, Dec 7 Branchburg, New Jersey

♦ Mystical Traveler San Francisco

Thu, Dec 12 San Francisco, CA

♦J-R Marathon

Thursday, Dec 12, 9am-2pm San Francisco

♦ Facets Of Loving - Workshop & **Booksigning With John-Roger***, Paul Kaye & Jsu Garcia

Thursday, Dec 12, 2:30-5:30pm San Francisco

♦Mystical Traveler Movie San **Francisco Premiere** Thursday, Dec 12, 7:30pm

San Francisco

♦ Open MSIA Seminar with John Morton in San Francisco + **Broadcast Live Online!**

Sat, Dec 14 San Francisco, CA **♦ Q&A for Ministers & Initiates**

with John Morton in San Francisco

Sun, Dec 15 San Francisco, CA

♦ Living in Grace 2013 in Pacific Grove, CA Mon, Dec 16 to Sun, Dec 22

CALIFORNIA ♦ John-Roger Video Seminar: The **Attitude of Gratitude**

USA: SOUTHERN

Fri, Nov 15 Los Angeles, CA, USA

♦ IHOP-2: The Nine Transformations - A new 9-month PTS Intention, Health, Openness, and Prosperity Program, Facilitated by Paul Kaye, DSS & Dr.

Mark Holmes, OMD Sat, Nov 16 to Sun, Nov 17 Los

Angeles, CA **♦** John-Roger Video Seminar:

First Blessings Fri, Nov 22 Los Angeles, CA, USA

♦ Teen Insight Talent Show Fundraiser Sat, Nov 23 Santa Monica, CA

♦ MSIA Los Angeles Ministers Meeting -- 2013: November Meeting

Sun, Nov 24 Santa Monica, CA **♦ Old-Fashioned Thanksgiving** Dinner at Prana 2013

Thu, Nov 28 Los Angeles, CA, USA ◆ John-Roger Video Seminar: TBD

Fri, Nov 29 Los Angeles, CA, USA **♦** John-Roger Video Seminar: **Practical, Workable Spirituality** Fri, Dec 6 Los Angeles, CA, USA

♦ Children's Christmas at Prana -Dec 7, 2013

Sat, Dec 7 Los Angeles, CA, USA

♦ John-Roger Video Seminar: **Forgiveness Through the Christ**

Fri, Dec 13 Los Angeles, CA, USA ♦ The Grace and the Beloved -

Public Workshop Sat, Dec 14 Los Angeles, CA, USA

♦ A Saturday Afternoon at the Labyrinth (2nd Sat. of the month in ◆ Children's Insight 2013)

Sat, Dec 14 Los Angeles, CA, USA

♦ John-Roger Video Seminar: **Sharing this Holy Night** Fri, Dec 20 Los Angeles, CA, USA

♦ An MSIA Family Christmas Eve Webcast Tue, Dec 24 Santa Monica, CA

♦ Teen Insight I: The Awakening

Heart Seminar Fri, Dec 27 to Mon, Dec 30 Santa Monica, CA

♦ John-Roger Video Seminar: Sharing with J-R from Living in **Grace Retreat**

Fri, Dec 27 Los Angeles, CA, USA **♦ MSIA Los Angeles Ministers** Meeting -- 2013: December

♦ Peacemaker Meeting -

Meeting Sun, Dec 29 Santa Monica, CA

Windermere December 2013 Sun, Dec 29 Santa Barbara, CA ♦ New Year's Eve Sacred Tones

with Paul Kaye - Live In Person at

PAL&G + Broadcast Live Online

Tue, Dec 31 Los Angeles, CA ♦ New Year's Resolution Spiritual Spa Morning with John Morton - Live In Person at PALC + **Broadcast Live Online 2014**

Sat, Jan 4 Los Angeles, CA ♦ IHOP-2: The Nine

Transformations - A new 9-month PTS Intention, Health, Openness, and Prosperity Program, Facilitated by Paul Kaye, DSS & Dr.

Sat, Jan 18 to Sun, Jan 19 Los Angeles, CA ♦ Master's Programs in Spiritual

Mark Holmes, OMD

Psychology Information Evening Wed, Jan 22 Santa Monica, CA **♦ MSIA Los Angeles Ministers**

Meeting -- 2014: January Meeting

Sun, Jan 26 Santa Monica, CA ♦ Insight I: The Awakening Heart Seminar

Fri, Jan 31 to Sun, Feb 2 Santa Monica, CA

Loving Sat. Feb 8 Santa Monica, CA

♦ Insight: The Depth of Authentic

♦ IHOP-2: The Nine Transformations - A new 9-month PTS Intention, Health, Openness, and Prosperity Program,

Facilitated by Paul Kaye, DSS & Dr. Mark Holmes, OMD

Angeles, CA

Sat, Feb 15 to Sun, Feb 16 Los Angeles, CA

♦ MSIA Los Angeles Ministers Meeting -- 2014: February Meeting Sun, Feb 23 Santa Monica, CA

Sat, Mar 8 to Sun, Mar 9 Los

♦ IHOP-2: The Nine Transformations - A new 9-month PTS Intention, Health, Openness, and Prosperity Program, Facilitated by Paul Kaye, DSS & Dr. Mark Holmes, OMD

Sat, Mar 15 to Sun, Mar 16 Los Angeles, CA

♦ MSIA Los Angeles Ministers Meeting -- 2014: March Meeting Sun, Mar 23 Santa Monica, CA

♦ IHOP-2: The Nine Transformations - A new 9-month PTS Intention, Health, Openness, and Prosperity Program, Facilitated by Paul Kave, DSS & Dr. Mark Holmes, OMD Sat, Apr 5 to Sun, Apr 6 Los

Angeles, CA **♦ MSIA Los Angeles Ministers** Meeting -- 2014: April Meeting Sun, Apr 27 Santa Monica, CA

♦ IHOP-2: The Nine

Transformations - A new 9-month PTS Intention, Health, Openness, and Prosperity Program, Facilitated by Paul Kaye, DSS & Dr.

Mark Holmes, OMD Sat, May 10 to Sun, May 11 Los Angeles, CA

♦ MSIA Los Angeles Ministers Meeting -- 2014: May Meeting Sun, May 25 Santa Monica, CA

♦ IHOP-2: The Nine **Transformations - A new 9-month** PTS Intention, Health, Openness, and Prosperity Program, Facilitated by Paul Kaye, DSS & Dr. Mark Holmes, OMD

Sat, Jun 14 to Sun, Jun 15 Los

Angeles, CA ♦ IHOP-2: The Nine Transformations - A new 9-month PTS Intention, Health, Openness, and Prosperity Program, Facilitated by Paul Kaye, DSS & Dr.

Mark Holmes, OMD

Angeles, CA

♦ MSIA Los Angeles Ministers Meeting -- 2014: July Meeting Sun, Jul 27 Santa Monica, CA

Sat, Jul 19 to Sun, Jul 20 Los

"The journey of your Soul is to return to an awareness of and a oneness with God."

MSIA

The MOVEMENT of SPIRITUAL INNER AWARENESS (MSIA) teaches Soul Transcendence, which is becoming aware of oneself as a Soul, and, more than that, as one with God. Soul Awareness Discourses are the heart of MSIA's teachings. They offer many practical keys to more successful living. Even more important, they offer keys to greater spiritual awareness and knowledge of the Soul. MSIA's approach is to present activities and techniques that direct us toward the Spirit and loving that are the essence of who we are, and to provide support for practicing those things if people choose to use them.



In MSIA we respect any approach that encourages people on their path home to God. We certainly don't claim to have the only way, but we do have a way that is assisting thousands of people to do this while experi-

encing greater health, happiness, abundance, and joy. The foundation of MSIA is loving, and it is in that spirit that we invite you to participate with us in whatever way works for

MSIA, P.O. Box 513935, L.A., CA 90051, (323) 737-4055 Have you traveled the MSIA Website yet? www.msia.org

PTS

PEACE THEOLOGICAL SEMINARY & COLLEGE OF PHILOSOPHY (PTS) provides spiritual education to students in the Movement of Spiritual Inner Awareness (MSIA) and to the general public to enhance awareness of Spirit. PTS offers classes, workshops, retreats, correspondence courses, a Master of Spiritual Science (MSS) degree, and a Doctor of Spiritual Science (DSS) degree.

Founded in 1977 by John-Roger, PTS is a private, non-denominational educational seminary that teaches practical spirituality in our changing world. PTS maintains that our primary relationship is with our own Soul, and the business of PTS is to provide educational opportunities that support students in becoming more aware of the Divine in



themselves. We invite you to join us in expanding your consciousness, enhancing vour understanding, strengthening vour spiritual awareness, embracing your loving, and allowing grace to lead the way.

Peace Theological Seminary & College of Philosophy 3500 West Adams Blvd. L.A., CA 90018, (323) 737-1534 www.pts.org, registrar@pts.org

PEACE AWARENESS LABYRINTH & **GARDENS**

Home of MSIA and PTS headquarters in Los Angeles, Peace Awareness Labyrinth and Gardens PEACE AWARENESS is a place where people can be in

retreat without leaving the city.

DIRECTORY OF ORGANIZATIONS

enjoy a moment of peace in the meditation garden, attend into the world and educate and develop transformative leaders. regular meditation events and seminars, and join the staff and residents for lunch and dinner during the work-week. Students in MSIA who come to Peace Awareness Labyrinth and Gardens also enjoy volunteering in the offices and doing spiritual exercises in the solarium.

Peace Awareness Labyrinth and Gardens 3500 West Adams Boulevard, Los Angeles, California 90018 Phone: (323) 737-4055 Email: programs@peacelabyrinth.org

HWP



www.peacelabyrinth.org

INSTITUTE FOR INDIVIDUAL AND WORLD PEACE® (IIWP) is a nonprofit 501(c)(3) oundation whose mission is to identify and present the processes that lead to peace. Its unique approach is based on the principle that peace is present and that it starts with us, as

IIWP presents peace processes through speeches, community peace projects, and workshops. Our workshops are designed to anchor the experience and power of choosing peace as a practical reality in one's life.

HWP also owns Windermere Ranch, in beautiful Santa Barbara, California. Windermere offers people the opportunity to explore and experience peace in a natural setting and includes a unique horse program based on communication and mutual respect

IIWP, 3500 West Adams Blvd Los Angeles, CA 90018 (323) 328-1905 peace@iiwp.org • www.iiwp.org Ioin IIWP on Facebook: http://groups.to/msia/

USM

USM was founded in 1976 by John-Roger and is a private graduate school offering Master's degrees in Spiritual Psychology and Spiritual Psychology with an Emphasis in Consciousness, Health,



and Healing.Known as the Worldwide Center for the Study and Practice of Spiritual Psychology, USM's mission is communicating the principles and practices of Spiritual Psychology worldwide through the process of Soul-Centered education.

Soul-Centered education recognizes spiritual reality and begins with the assertion that rather than human beings who have a soul, we are more accurately described as souls having a human experience. This assertion evokes a radical paradigm shift, which results in a psychological and educational process whose goal is to bring forth the beauty, wisdom, and compassion inherent in every human being.

This experiential educational paradigm evokes in students their own answers to the three essential questions:

Why am I here and what is my purpose? How can I make a meaningful contribution in the world?

2107 Wilshire Blvd., Santa Monica, CA 90403 310-829-7402, www.UniversityofSantaMonica.edu

INSIGHT UNIVERSITY

Insight University is here to assist us in transforming ourselves into loving so that the greater transformation of the planet to loving will take place.

Insight University is an educational nonprofit 501(c) (3) organization offering a doctorate degree from the School of Transformational Leadership. The university's Doctoral Program

Visitors may walk the hand-carved stone outdoor labyrinth, is designed to create graduates fully empowered to step forward

Within the University is the Continuing Education Division consisting of four institutes that carry on the work of Insight Seminars, which was merged into Insight University on January 1, 2011. The institutes are: The John-Roger Institute

for Personal Transformation, The Institute for Youth Leadership The Institute for Leadership through Service, and The Institute for Transformational Leadership

John-Roger serves as Chancellor for Insight University. The university is dedicated to expanding and solidifying heart-centered work and perpetuating a legacy of wisdom so that the work continues to touch people's lives for generations to come.

> **Insight University** 411 St. Michaels Drive Suite 2 Santa Fe, NM 87505

Degree Granting Division ph: 505-989-1887 • fax: 505-819-5609

Continuing Education Division ph: 505-216-2213 or 1-800-311-8001 • fax: 505-216-2214 web: www.insightu.net • www.insightseminars.org

HEARTFELT

THE HEARTFELT FOUNDATION, founded in 1979 by John-Roger, is a volunteer-driven service organization which



is operated through the Church of the Movement of Spiritual Inner Awareness (MSIA), a 501(c)3 nonprofit organization. 100% of donations received go to

those we serve. Heartfelt's mission statement is: "Changing people's lives through the healing power of heartfelt service.' People and the heart are a primary focus of our work, and volunteers are the key to our success.

The Foundation's service includes assisting at-risk and in-need families, providing support and services to disadvantaged or abused children, helping the homeless and comforting the sick. Thousands of people in need have been served by our loving volunteers.

An important part of Heartfelt's work is the HeartReach Program, which reaches out with food, medicine loving and caring hearts and Light support to members of our spiritual family who are undergoing life-challenging or medical crises. As a result of the short-term support that HeartReach is able to provide, people are cared for through difficult situations.

The Heartfelt Foundation 2101 Wilshire Blvd., Suite 117 Santa Monica, CA 90403 Phone (310) 829-7857, serve@heartfelt.org www.heartfelt.org

ESPRIT TRAVEL & TOURS

Founded in 1975, Esprit serves our community and the general

public.Esprit's Independent Travel Department specializes in creating individually crafted cultural tours of Japan and TRAVEL & TOURS Asia that journey deep into the

arts, crafts, history, cuture and cuisine of distant lands. Our custom tour itineraries deliver extraordinary cultural travel experiences For more information about our tours, contact us at:

info@esprittravel.com www.esprittravel.com

Csprit

MSIA RESOURCES

HOME SEMINARS

Audio or video seminars with John-Roger or John Morton are held in many communities around the world. They are an excellent way to lift your spirits and further your spiritual attunement. Contact your local MSIA representative or call 323-737-4055 to find the closest home seminar in your area.

PTS CLASSES

The educational arm of MSIA, Peace Theological Seminary & College of Philosophy (PTS), offers experiential learning of Soul Transcendence and practical spirituality in a variety of formats, including evening classes, retreats, weekend offerings, e-mail and correspondence courses, and a 2-year Master's and 3-year Doctor of Spiritual Science program. For more information, go to www.pts.org, call PTS at 323-737-1534, or e-mail registrar@pts.org.

LOVING EACH DAY

Loving Each Day quotes by John-Roger and John Morton are delivered daily to you via e-mail. Start your computer session with a daily e-mail message of inspiration and loving. Available in four languages— English, Spanish, French, and Portuguese—a subscription is free upon request by visiting www.lovingeachday.org.

Loving Each Day e-postcards, on an award-winning site, are also available at www.lovingeachday.org.

THE NDH ONLINE

Visit the New Day Herald online at www.ndh.org for up-to-themoment stories and travels with John-Roger and John Morton. The e-NDH is a free online subscription which lets you know when new articles and stories are posted on the web. For a free subscription, go to www.ndh.org and click on "Subscribe to NDH by e-mail."

THE MSIA STORE

A complete catalog of books, audio and videotapes, CDs, subscriptions, and other materials is available at www.msia.org.

WEB RING

www.msia.org • www.j-r.org • www.msianortheast.org www.msiaflorida.org • www.msiacanada.org • www.forgive.org

www.pts.org (explore the programs, classes, and events offered through PTS. Register for PTS classes, and

www.ndh.org (fresh news, articles by J-R and John Morton, daily stories and photos during the Travelers' journeys for peace, and more...)

www.lovingeachday.org (send a free e-mail postcard!)

www.mandevillepress.org (news about John-Roger and John Morton and their books)

www.spiritualwarrior.org (download a free spiritual warrior journal; discover your purpose)

www.theblessings.org (look for a sample blessing)

www.peacelabyrinth.org (Peace Awareness Labyrinth & Gardens—news, events, information)

www.tithing.org (what it is, why do it, success stories and more. Tithe online!)

www.seeding.org (what it is, why do it, success stories and more. Seed online!)

THE JOHN-ROGER LEGACY FUND

The John-Roger Legacy Fund within MSIA ensures that the teachings of the Mystical Traveler are available for many years to those who are looking for them. The Fund's prime objective is to continue to maintain the archives of J-R's spiritual work and to share it with the world, and to support MSIA, as necessary, as a conduit to maintain the availability of the Traveler's teachings and to preserve John-Roger's legacy.

How to Contribute to the John-Roger Legacy Fund

1. By Mail: Mail check or credit card number with dollar amount and indicate that your contribution is for the John-Roger Legacy Fund: MSIA, 3500 W. Adams Blvd., Los Angeles, CA 90018

2. By phone: 323.737.4055 to donate by credit card.

3. Donate online through the MSIA store at: http://www.msia.org/store or through the God Is Your Partner website at: http://www.godisyourpartner.org

How to include MSIA, Heartfelt, or IIWP in your will or living trust

John-Roger can be sent to:

INITIATION

you have completed Discourse 24.

to serve the spirit of their hearts.

the locality in which they serve.

assistance inwardly.

whatever challenges you face.

e-mail, using these addresses:

If you are just starting the Soul Awareness Discourses, Discourse #1 explains initiation into the Sound Current. You may choose to study the

Discourses with the intention to be initiated on this path, or to simply

read them as information. If you do choose to study toward initiation, the

Traveler works with you more closely, and you may notice a greater spiri-

If you are studying toward initiation, you need to write and mail a

letter to the Traveler that this is your intention. If you have written and

mailed your intention to the Traveler, you can apply for initiation when

THE MSIA MINISTRY

The MSIA ministry is for initiates of the Traveler who are called inwardly

Service may be in any form, from volunteering for the Church to assisting

people in need or organizations that serve those people, and anything in between.

MSIA ministers may perform services, like marriages, that clergy of other

People who have received initiation into the Sound Current through the

Ministerial Services In Action • 3500 W. Adams Blvd. • Los Angeles, CA 90018

Sometimes people reading Discourses, especially those studying toward

As soon as you write to John Morton or John-Roger, they get the mes-

initiation, want to write to John Morton or John-Roger. Writing often

helps you let go of a troubling situation and open more to the Traveler's

sage on the spiritual levels, and they do what Spirit allows. Then, to let

go of the situation in your consciousness, you burn or mail your letter.

Whether you burn or mail what you wrote, you may find that you get

your answers on the inner levels, sometimes very quickly. You may also

experience greater calm, clarity, or peace, which can help you go through

We suggest that you place the situation in the Light, ask for clarification

during s.e.'s, dreams, etc., and then look for the answers within you. Often

seminar) will provide keys to assist you in handling your situation. You can

much with us over the years, and we encourage you to send your letters via

For John-Roger: letterj-r@msia.org

For John Morton: letterjohnmorton@msia.org

If you live in the United States and if you send your letter to J-R

or John in hard copy via the mail, you need to include a self-addressed

stamped envelope (SASE) if you want a reply from either of them.

Many hundreds of people write personal letters each month to

J-R and John, so please note that even if you do send a letter by e-mail or

if you do send in an SASE with your letter, you may not receive a response

In addition to the e-mail addresses above, mail to John Morton or

MSIA • P.O. Box 513935 • Los Angeles, CA 90051-1935

back. This does not imply that your concern is not important or that you

are being ignored. There simply may be no need for a physical reply, or

there may be no answer available to you at the time you write.

also refer to any of the numerous books by J-R and John to find informa-

tion that relates to what you are dealing with. These two have shared so

reading a Discourse or listening to an MSIA tape (either at home or at a

denominations are authorized to do as long as they comply with the laws of

The only requirement is that the ministry is active and done regularly.

Traveler may request an Application for Ordination packet from:

WRITING TO J-R & JOHN

tual awareness in your own consciousness as this work goes on.

• A planned gift in the form of a bequest in your will or living trust is a great way to benefit the Traveler's organizations. Information to make a donation through your estate planning:

• Heartfelt Foundation: Full legal name: Heartfelt Foundation d/b/a of the Church of the Movement of Spiritual Inner Awareness (MSIA). MSIA Federal tax identification number 23-7137833

• IIWP: Full legal name: Institute for Individual & World Peace d/b/a of Peace is Present Foundation. Federal tax identification number 20-4583765

of Spiritual Inner Awareness (MSIA). MSIA Federal tax identification number 23-7137833. If you wish, you can specify that your bequest goes to the John-Roger Legacy Fund at MSIA.

MSIA: Full legal name: The Church of the Movement

(The above is not intended as tax or legal advice. We recommend that you consult with a financial or legal advisor for estate planning and tax advice specific to your situation. If you have any questions about giving to MSIA, Heartfelt or IIWP, please contact Mark Lurie by email: mark@msia.org or call 323.737.4055, ext. 1150.)

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MSS Year Two

Los Angeles, California – English Los Angeles, California – Spanish Denver, Colorado Madrid, Spain Sao Paulo, Brazil (March 2014)

MSS Year Three

Bogota, Colombia



Creating Through Grace

Year Two: Fulfilling the Spiritual Promise

Year Three: Living From The Inside Out (Optional)



to the Spirit/Soul within me." - CL

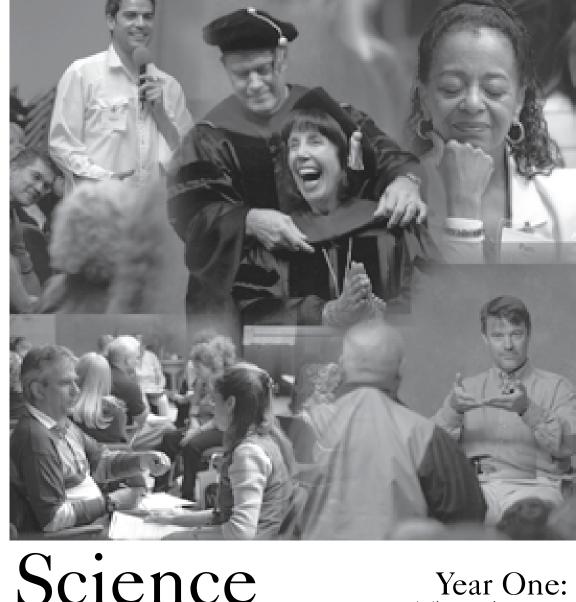
"The MSS gave me my TRUE life. The life that I always knew was most important. My Spiritual Life." - VM

"Michelangelo carved a stone, and David emerged. Through my participation in the PTS Masters Program, who I am emerges. Week by week, month by month, patiently, gently, effortlessly, the one I always hoped for, the 'me' I knew was there, emerges, takes shape and comes alive." - MM

Prerequisites:

Active subscription to MSIA Soul Awareness Discourses for at least one year prior to beginning of program (12 complete) and Active subscription to Soul Awareness Teachings (SATs). Check with www.pts.org and www.msia.org for details.





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2013-2014

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// Jou see, God created us and He didn't use any junk to do it. Sometimes you want to take who you are as a creative being and make junk, thinking that's going to be acceptable. At the level we are working in this PTS doctoral program, I want to be clear with you that it's not. The thing we're on the planet to learn is discipline toward God's direction. That discipline is not a punishment. It's joy. And it's a real thankful thing to have."

John-Roger, DSS

For information on these classes, please contact **Elissa Giges, PTS Director of Graduate Studies** elissa@pts.org or (323) 328-1940

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Call now to Register (323) 737-1534 ■ fax (323) 328-9005 ■ www.msia.org ■ registrar@pts.org



The Balagu Kasim Weilding Weilding

Beloved.

The Balagu Kasim MSIA wed-

ding that took place in Daa-Jofad Suites at 13 Jibayo Street Ibadan Nigeria on Saturday 4th May 2013 was really a historic event as the MSIA ministers crew were there to grease and solemnize the marriage according to the MSIA ministerial dictate of unconditional loving. I was really filled with joy and excited at having the opportunity to officiate the marriage blessing. The Traveler's energy and presence felt during the occasion was joyful and overwhelming as the couples and all the participants were filled with joy! Joy! All through the blessings, as we had the privilege to make the teachings available in Ibadan the Uyo State Capital of Nigeria.

We also had to stay back to hold the light for the traditional aspect of the marriage and it was also smooth, lively and spirit-filled. I want to thank all of you that have held the Light for the success of this great event especially the Travelers who off-course spiritual participated the entire occasion.

> Barush-Bashan Prince Iwuoha





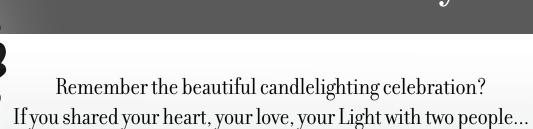
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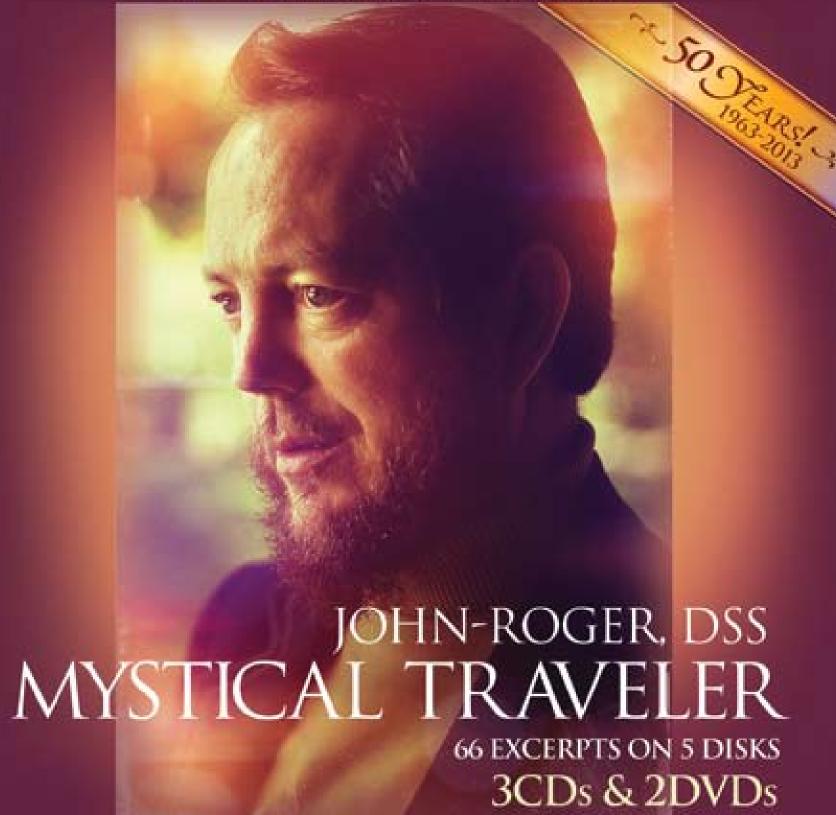
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- John-Roger, DSS

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I love you. God bless you. Peace, be still.

IIWP Peacemaker Meetings Nov. - Dec. 2013

Boston, Mass.:

2-4pmSaturday, Nov. 23 Info: David Jenkins at 781-789-8745

Branchburg, NJ:

1 – 2:30pm Saturday's, Nov. 2 and Dec.7 Info: Lin Mogitz at linmogitz@gmail.com

Chicago, Illinois:

Sunday, Nov. 24 3 – 4:30pm Tues., Dec. 31 1:30 – 3pm Info: Rebecca Bloomfield at beccabloom@aol.com

Europe via Skype: 8 - 9:30pm GMT (12 - 1:30pm PST) Tues., Nov 5 and Wed., Dec. 4 Info: Sherain Messenger at sherainv@gmail.com

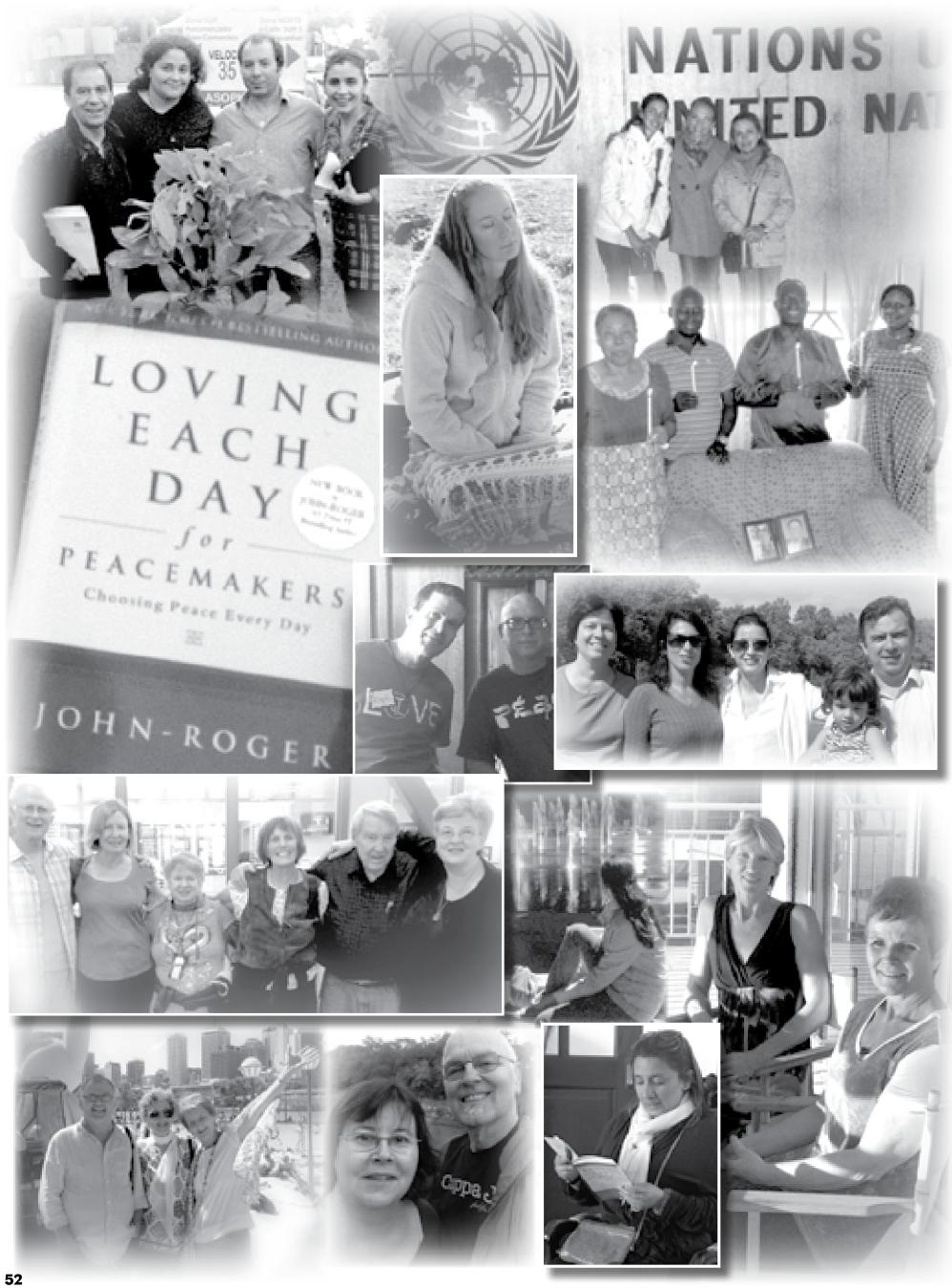
And celebrate the end of 2013 at Windermere Ranch...

Santa Barbara, CA:

10:30am —12:00pm Sunday, Dec. 29 Info: Kay Turbak at k.turbak@verizon.net

Sponsored by the Institute for Individual and World Peace

Questions? Contact Debbie Roth peace@iiwp.org or 323-328-1905



Update on IIWP **Peace Events**

for the

International **Day of Peace**

By Debbie Roth, IIWP Coordinator

Communities around the world hosted 20 IIWP peace events to celebrate this year's International Day of Peace. The Day of Peace itself is on September 21 of each year, designated by the UN in 1982 to support individuals, communities, & organizations in promoting peace.

<u>Eleven</u> countries were represented, including Argentina, Australia, Colombia, England, France, Ghana, Nigeria, Switzerland, United States, Uruquay and Venezuela. In the United States, peacemakers offered events in eight states: Alabama, California, Illinois, Massachusetts, New Jersey, Pennsylvania, Texas, and Washington.



Communities held activities as simple as a group coming together to plant Light columns in Australia, Switzerland, and Seattle WA to planting a tree for peace in Caracas Venezuela.

Also, a number of communities offered II-WP's Peacemaker Meeting and Finding Peace in Today's World workshops. This includes three events in Africa with our Beloved IIWP Peacemaker Prince Iwuoha.

HIGHLIGHTS FROM COMMUNITIES ON THEIR PEACE EVENTS

VERONIQUE SANDOZ, PLANTING LIGHT COLUMNS

We were four. We were all surprised by the powerful energy present as we were moving from spot to spot in Geneva, and also by the creative inspiration which was downloaded through each blessing said by each of us. We realized that we are creators and decided to walk like this in the city more often.

We rejoiced to know that many on this planet were participating!!! Blessings of Love Light and Sound to all and All, etc...

PRINCE IWUOHA, PORT HARCOURT, NIGERIA

#1 FINDING PEACE IN TODAY'S WORLD PORT HARCOURT, NIGERIA

Thank God! The (IIWP) class, 'Finding Peace in Todav's World' held in Port Harcourt, Rivers State Nigeria on Saturday 21st September (which of course is a peace day) was a great success. The Travelers students gathered on a beautiful day to celebrate and share their love and light on the UN programmed day of peace via the peace class, the joy! joy!! Radi-

> ance from the faces of the participants was a clear manifestation of inner peace awakened by the IIWP class discourse.

> The opportunity of holding this class in Nigeria and indeed Africa is wonderful and a great gift of love and peace from the Travelers to humanity as those who embrace the profound message from this simple class will never lack peace. The golden keys presented by the Travelers via this class will always remain indelible in the hearts of IIWP class participants.

It's a generational and progressive peace seed for all times. The choice of peace has always been the choice of the saints and will always be the way out and the way forward for all mankind, and we pledge to flow in that line.

#2 PEACEMAKER MTG, ABUJA, NIGERIA

Thank God, the Abuja PeaceMaker Meeting held on the 29th September 2013 was a great success.

The Uniqueness of the PeaceMaker Meeting cannot be overemphasized as it has the capability of turning the participants to full blown peacemakers and as well turning the environment of the event into a peaceful domain with its high peaceful vibratory frequencies that flow from the Travelers via the class.

We appreciate, and we are so happy for the gift a Light column outside the Mental Health building. of love. We want to use this opportunity to thank all those who have made it possible for us to enjoy this class. LL -Prince Iwuoha

ANNE NAYLOR, FRANCE

SUNRISE PEACE CHANT

We were 3, all old timer chanters.

The chant was very gentle and yet powerful. Bright sunshine greeted us as we chanted. Breakfast was yummy. Shone brought croissants etc, and Annie brought strawberries and raspberries. There was a

I learned that it is always sharing peace, plus I liked that we held it on 9/11 - a great day to focus

The event came together at the last moment as I was about to go away and was perfect.

LAURIE JONES, SEATTLE, WASHINGTON

LOVE, LIGHT, LUNCH - PLANTING LIGHT COLUMNS AND ENVISIONING PEACE

Five light workers met at Bellevue Downtown Park in Bellevue WA on a sunny 70 degree day.

We called in the light, planted light columns and sent peace to all citizens of the world. And we wished our beloved John Roger a happy birthday!

Karen Zuluaga Jimenez, BOGOTA COLOMBIA

PEACEMAKER MEETING

I'm happy to bring to you some good news about our meeting for the International Day for Peace.

The day was beautiful, people who came to the meeting were open, and every of them shared in such a profound way. I was amazed with by spirit present... everything came in a divine way.

So thanks for all the light, because I really felt that the way was prepared.

I'm sending some pictures for you to enjoy. (We did part of the Meeting around the Peace Tree we planted in June!)

BELINDA BACK, BRISBANE AUSTRALIA

PLANTING LIGHT COLUMNS

We only had three people but it was great fun and so filled with Spirit. I was initially disappointed more didn't join us but then I know that it is all perfect and there is purpose in whatever is going on.

We started at the Princess Alexander hospital to do

(Continued)



(Continuing)

After the hospital we went to Southbank on the west side of the Brisbane river. It is a beautiful public area with a theatrical venue, restaurants, cafes, rainforest, lots of green, and a man-made beach where people from all walks of life gather, especially on the weekend. And as the Brisbane festival was on, more people than usual because of all the activities, which is why we chose to go there.

A lot of people were milling in and around the Pagoda when we arrived there. Inside we called in the Light and chanted Ani-Hu. and then did s.e.'s ing, and it was lovely, as usual. :) for 5 to 10 minutes. The energy was beautiful and it was extraordinary how peace descended on the temple and surroundings. People, including kids, Juliana Pombo & Diego Forero, CALI, COLOMBIA: just quieted.

We also planted a couple of other Light columns

Holding the Light column day was so gracefilled for me. The loving inside and out so palpable was a perfect family-like gathering with 7 people. I don't think anything could have fazed me that day. That the Light descends in support when you put your hand up to serve, I have no doubt. What did I learn? That serving is truly a gift always.

This year I hesitated doing the Light columns. Next time, if no other event is organised I will put my hand up straight away.

VANIA GRIMALT, CARACAS VENEZUELA:

PLANTING A TREE FOR PEACE

September 1, the beginning of a new month, the month dedicated to peace by the United Nations. For me Peace is always a reason to celebrate!

The Venezuela IIWP Community planted a tree for Peace in Caracas, to honor this day. We started around 5pm, About 20 people came to participate. Someone even brought cupcakes, and also two more trees!! So there were three trees to plant to honor Peace.

People passed by where we were planting the trees and wondered what we were doing, so we invited them to find peace within themselves and spread through the world, because "Peace is Present". (You could read this on the stone that we had.) We delivered information about IIWP to all who asked.

When we finished selecting the right spot for the first tree and planting it, we celebrated eating cupcakes, and we took a group photo with the first tree. Then the second was a tree of lemons, to give lemons to make Peaceful lemonade for life. This was brought from Maturin, an inland city in the country.

At the end, after we planted the third one, we surrounded them in a circle of blessings. Each person gave from their heart a quality of peace as a blessing for the trees, to go through their roots to the center of mother earth and through their leaves to scatter those qualities on the earth. Then we all gathered around the last tree for a group photo, everyone laughed, we had lots of fun and enjoyed a day full

ALETHEA LAMB, LOS ANGELES, CA

PEACEMAKER MEETING

It went really well. We had a total of 12 participants, and 8 of them were new!! 6 participants were there from the beginning, and then 6 more joined after the meeting started.

Vania Grimalt was totally amazing as a facilitator! And Joseph Casan and Michea Caye offered some back up support with set up. From what I heard, the participants really loved it, and there were several people who stayed afterwards for about an hour chatting with each other in the dining room at Prana.

Thanks again to Vania for her beautiful service.

LIN MOGITZ, BRANCHBURG, NEW JERSEY

PEACEMAKER MEETING

Our "event" was simply our Peacemaker Meet-

Loving, Light, hugs and peace, Lin

THE PEACE IN OUR HEARTS

The Peace event here in Cali was beautiful!! Full of Peace and Light.

We did not have a lot of people present but it

I could not take pictures (even though I tried) because Diego and I were standing talking and participating in the activities so I didn't find the moment.

Big hug from Diego and me.

FROM ROBERT McCREIGHT, AUSTIN, TEXAS:

SUNRISE CHANTING & PRAYERS FOR PEACE

Lois Stuart and I were there at sunrise for the Austin event at Barton Springs Pool.

There were also others there nearby who were swimming that morning. At the event we read some quotes from J-R's book, Loving Each Day for Peacemakers. One quote in particular resonated with me and I paraphrase it: Peace is the cessation of againstness.

To me Barton Springs Pool is Austin's version of the Garden of Eden.

On that Saturday morning, I experienced myself moving so gracefully into a deeper level of accepting what is: letting go of the judgments about how many attended; letting go of the judgments of the murky conditions of the water due to heavy rains the previous day; and letting go of the judgments regarding the overcast skies.

In what seemed to be imperfect conditions, by letting go of the judgments and accepting what is, I discovered signs of God's beauty. I consciously chose peace.

It was so clear from the minute I received the invitation that I was being called to spearhead an Austin event and what that event was to be.

Through the process, I simply followed Spirit's guidance, accepting what is and, in that acceptance, discovering within, regardless of the outer, the Peace of God.

SINA SKATES, BIRMINGHAM, ALABAMA

PEACEMAKER MEETING

As you may remember I traveled to Boston to visit my 97 year old Grandmother and was not able to host the Peacemaker Meeting at my house. I did however talk to her about the Peacemaker Meeting, the Peace Prayer and the four key IIWP concepts of peace. It was very, very sweet. She did not really have the energy for a whole "meeting" but I was definitely present in the peace with her and she loved the key concept that "peace is a choice". She said, "I've never heard that before, but you're right. It is a choice."

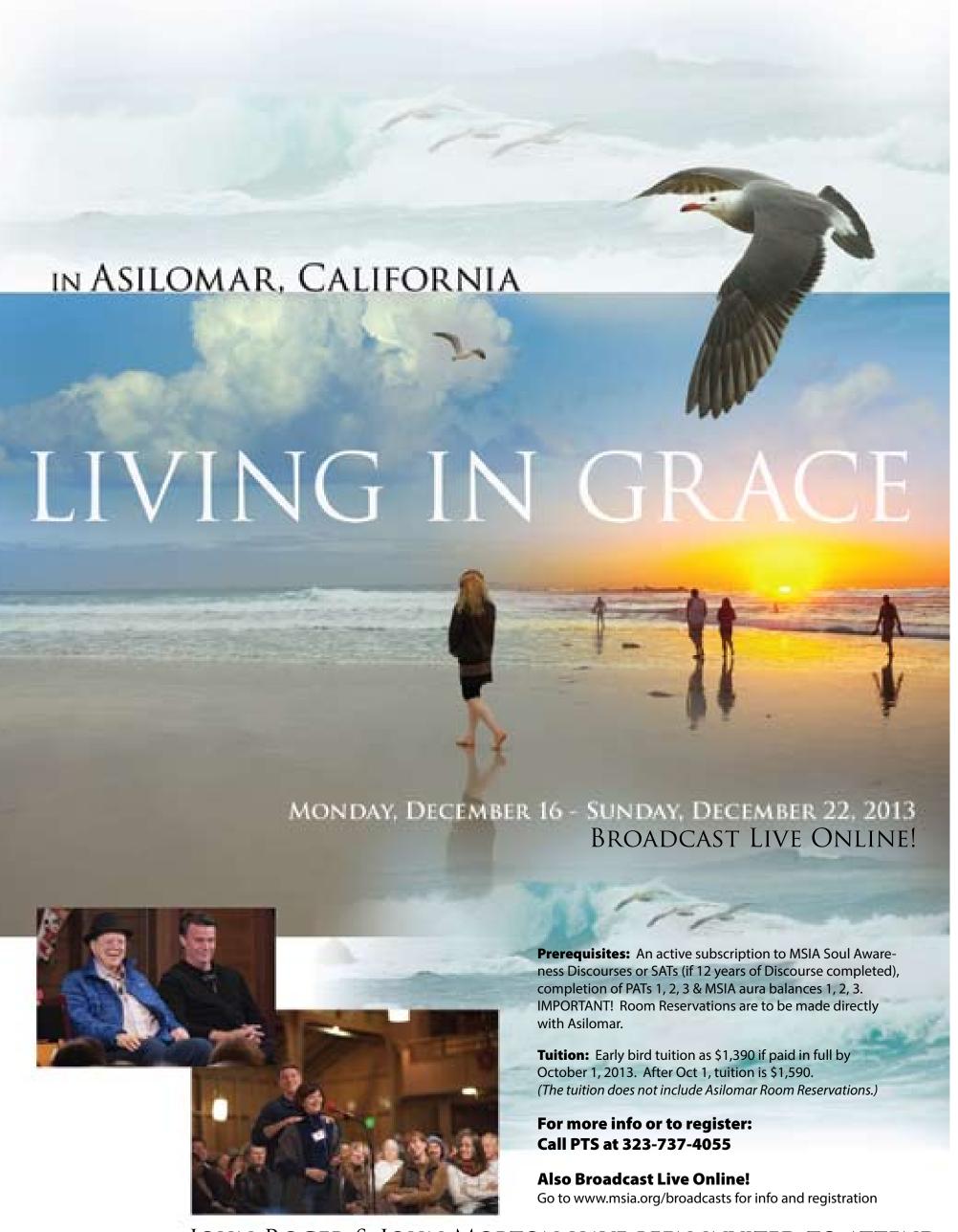
FROM REBECCA BLOOMFIELD, CHICAGO, ILLINOIS PEACEMAKER MEETING

There is an agreement of gratitude among attendees. They are grateful they can bundle up all the upset that is broadcast in the world and that they create for themselves, and that they have a place to "unload" it. They report that through the process of the meeting they feel unburdened, peaceful, and able to hold a space of peace in the world. It is joyous.









JOHN-ROGER & JOHN MORTON HAVE BEEN INVITED TO ATTEND.